

1 GENERAL GOVERNMENT CABINET

2 Board of Nursing

3 (Amendment)

4 201 KAR 20:057. Scope and standards of practice of advanced practice registered nurses.

5 RELATES TO: KRS 218A.171, 218A.172, 218A.202, 218A.205(3)(a), (b), 314.011(7), (8),

6 314.039, 314.042, 314.091, 314.193(2), 314.195, 314.475

7 STATUTORY AUTHORITY: KRS 218A.205(3)(a), (b), 314.042, 314.131(1), 314.193(2)

8 NECESSITY, FUNCTION, AND CONFORMITY: KRS 218A.205(3)(a) and (b) require the Board of

9 Nursing, in consultation with the Kentucky Office of Drug Control Policy, to establish by

10 administrative regulation mandatory prescribing and dispensing standards for licensees

11 authorized to prescribe or dispense controlled substances, and in accordance with the Centers

12 for Disease Control and Prevention (CDC) guidelines, to establish a prohibition on a practitioner

13 issuing a prescription for a Schedule II controlled substance for more than a three (3) day supply

14 if intended to treat pain as an acute medical condition, unless an exception applies. KRS

15 314.131(1) authorizes the board to promulgate administrative regulations necessary to enable

16 it to carry into effect the provisions of KRS Chapter 314 and authorizes the board to require by

17 administrative regulation that licensees and applicants utilize a specific method of submission

18 of documents or information that is required to be provided to the board, including electronic

19 submission. KRS 314.193(2) authorizes the board to promulgate administrative regulations

20 establishing standards for the performance of advanced practice registered nursing to

1 safeguard the public health and welfare. This administrative regulation establishes the scope  
2 and standards of practice for an advanced practice registered nurse.

3 Section 1. Definitions. (1) "Collaboration" means the relationship between the advanced  
4 practice registered nurse (APRN) and a physician in the provision of prescription medication,  
5 including both autonomous and cooperative decision-making, with the APRN and the physician  
6 contributing their respective expertise.

7 (2) "Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive  
8 Authority for Controlled Substances" or "CAPA-CS" means the written document pursuant to  
9 KRS 314.042(11).

10 (3) "Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive  
11 Authority for Nonscheduled Legend Drugs" or "CAPA-NS" means the written document  
12 pursuant to KRS 314.042(8).

13 (4) "Good standing" is defined by KRS 314.039.

14 (5) "Immediate family member" means a spouse, parent, parent-in-law, stepparent, child,  
15 stepchild, son-in-law, daughter-in-law, sibling, stepsibling, brother-in-law, sister-in-law,  
16 grandparent, grandchild, spouse of grandparent or grandchild, or other person residing in the  
17 same residence as the APRN.

18 (6) "KBML" means the Kentucky Board of Medical Licensure.

19 (7) "PDMP" means the electronic prescription drug monitoring program system for  
20 monitoring scheduled controlled substances and medicinal cannabis currently in use in  
21 Kentucky pursuant to KRS 218A.202, including the Kentucky All Schedule Prescription Electronic  
22 Reporting (KASPER) System.

1 Section 2. (1) The practice of the APRN shall be in accordance with the standards and  
2 functions established in scope and standards of practice statements adopted by the board in  
3 subsection (2) of this section.

4 (2) The following scope and standards of practice statements shall be adopted:

5 (a) AACN Scope and Standards for Acute Care Nurse Practitioner Practice;

6 (b) AACN Scope and Standards for Acute Care Clinical Nurse Specialist Practice;

7 (c) Neonatal Nursing: Scope and Standards of Practice;

8 (d) Nursing: Scope and Standards of Practice;

9 (e) Pediatric Nursing: Scope and Standards of Practice;

10 (f) Psychiatric- Mental Health Nursing: Scope and Standards of Practice;

11 (g) Scope of Practice for Nurse Practitioners;

12 (h) Standards of Practice for Nurse Practitioners;

13 (i) Scope of Nurse Anesthesia Practice;

14 (j) Standards for Nurse Anesthesia Practice;

15 (k) Standards for Office Based Anesthesia Practice;

16 (l) Standards for the Practice of Midwifery;

17 (m) Oncology Nursing Scope and Standards of Practice;

18 (n) The Women's Health Nurse Practitioner: Guidelines for Practice and Education;

19 (o) Definition of Midwifery and Scope of Practice of Certified Nurse-Midwives and Certified

20 Midwives; and

21 (p) Standards for Professional Nursing Practice in the Care of Women and Newborns.

1 Section 3. CAPA-CS Practice Requirements for APRNs. (1) In the performance of advanced  
2 practice registered nursing, the APRN shall seek consultation or referral in those situations  
3 outside the APRN's scope of practice.

4 (2) An APRN wishing to have a CAPA-CS in the first year of the APRN's licensure shall be  
5 employed by a health care entity or provider. If the employing provider is an APRN, the  
6 employing APRN shall have been granted an exemption under Section 7 of this administrative  
7 regulation.

8 (3) During term of the CAPA-CS, the APRN and the collaborating physician shall meet in  
9 person or via video conferencing, or by phone, if in person or video conferencing is not feasible,  
10 to review the APRN's reverse PDMP queries since the last review with the collaborating  
11 physician[report]. The review may include information from the patient's medical record that  
12 relates to the condition or conditions being treated with controlled substances by the APRN.

13 (a) Both the APRN and the physician shall maintain a written record of:

- 14 1. The meeting date;  
15 2. A summary of the discussions; and  
16 3. Any recommendations made~~[that shall be made in writing]~~.

17 (b) The record shall be maintained by both parties for a period of one (1) year past the  
18 expiration of the APRN CAPA-CS.

19 (c) The APRN's meeting records shall be subject to audit by the board and the physician's  
20 records shall be subject to audit by the KBML. The sole purpose of the audit shall be to  
21 document that the collaboration meetings have taken place to verify compliance with this  
22 section.

1 (4) In the first year of the CAPA-CS, the APRN and a physician shall meet at least quarterly.

2 (5) In the ensuing three (3) years of the CAPA-CS, the APRN and the physician shall meet at  
3 least biannually.

4 Section 4. Advanced practice registered nursing shall include prescribing and administering  
5 medications, as well as ordering treatments, devices, diagnostic tests, and performing certain  
6 procedures that shall be consistent with the scope and standards of practice of the APRN.

7 Section 5. Advanced practice registered nursing shall not preclude the practice by the APRN  
8 of registered nursing practice as defined by KRS 314.011(6).

9 Section 6. (1)(a) A CAPA-NS and a CAPA-CS shall include the:

10 1. Name;

11 2. Practice address;

12 3. Phone number;

13 4. License number of both the APRN and each physician who is a party to the agreement;

14 and

15 5. Population focus and area of practice of the APRN and each physician.

16 (b) An APRN shall use a CAPA-NS Agreement Form.

17 (c) An APRN shall use the Standardized CAPA-CS Agreement Form.

18 (2)(a) To notify the board of the existence of a CAPA-NS pursuant to KRS 314.042(8)(b), the  
19 APRN shall submit an online notification as established in paragraph (e) of this subsection.

20 (b) To notify the board that the requirements of KRS 314.042(9) have been met and that the  
21 APRN will be prescribing nonscheduled legend drugs without a CAPA-NS, the APRN shall submit  
22 an online notification as established in paragraph (e) of this subsection.

1 (c) To notify the board of the existence of a CAPA-CS pursuant to KRS 314.042(11)(b), the  
2 APRN shall submit an online notification as established in paragraph (e) of this subsection.

3 (d) To notify the board that the requirements of KRS 314.042(14) have been met and request  
4 that the APRN be exempt from prescribing scheduled legend drugs under a CAPA-CS, the APRN  
5 shall complete the request for APRN exemption from CAPA-CS prescriptive authority and pay  
6 the listed fee in 201 KAR 20:240, Section 3(1)(e). Each submitted request shall be subject to the  
7 fee, regardless of whether the board grants the exemption after making a determination under  
8 Section 7 of this administrative regulation.

9 (e) Each notification, rescission, and exemption request shall be submitted by the APRN to  
10 the board via the online KBN Nurse Portal at [www.kbn.ky.gov](http://www.kbn.ky.gov), and shall include the information  
11 and documentation required by subsection (1) of this section and this subsection.

12 (f) Upon request by the board, the APRN shall furnish to the board a copy of the executed  
13 CAPA-NS Agreement Form or Standardized CAPA-CS Agreement Form.

14 (3) For purposes of the CAPA-NS and the CAPA-CS, in determining whether the APRN and the  
15 collaborating physician are qualified in the same or a similar specialty, the board shall consider  
16 the facts of each ~~particular~~ situation and the scope of the APRN's and the physician's actual  
17 practice.

18 (4) An APRN with controlled substance prescriptive authority, shall:

19 (a) Obtain a United States Drug Enforcement Administration (DEA) Controlled Substance  
20 Registration Certificate and shall report the APRN's Kentucky DEA number, and any change in  
21 the status of a certificate by providing a copy of each registration certificate to the board within  
22 thirty (30) days of issuance.

1 (b) Register for a master account with the PDMP, within thirty (30) days of obtaining a DEA  
2 Controlled Substance Registration Certificate, and prior to prescribing controlled substances. A  
3 copy of the PDMP master account registration certificate shall be submitted to the board via  
4 the online KBN Nurse Portal within thirty (30) days of receipt of confirmation of registration by  
5 the PDMP.

6 (5) An APRN shall report any changes to a CAPA-NS or a CAPA-CS to the board within thirty  
7 (30) days.

8 (6) If an APRN's CAPA-NS or CAPA-CS ends unexpectedly for reasons outside the APRN's  
9 control such as being ended by the physician without notice, the physician's license becoming  
10 no longer valid in Kentucky, or the death of a physician, the APRN may continue to prescribe for  
11 thirty (30) days, after documenting in each patient's medical record the applicant's professional  
12 determination that the continued prescribing is justified based on the individual facts applicable  
13 to the patient's diagnosis and treatment. This thirty (30) day grace period shall not be extended  
14 or occur successively.

15 (7) An APRN with a CAPA-NS or a CAPA-CS shall report a practice address to the board. A  
16 change to the practice address shall be reported to the board within thirty (30) days.

17 (8) All documents and information required to be reported to the board by this section shall  
18 be reported by uploading the document or information through the board's Web site,  
19 <https://kbn.ky.gov>. The board shall not accept documents or information sent in any other  
20 format.

21 Section 7. CAPA-CS Exemption Review Request. (1) An APRN who wishes to request a CAPA-  
22 CS exemption pursuant to KRS 314.042(14) shall:

1 (a) Complete a CAPA-CS exemption review request on the board's Web site as required in  
2 Section 6(8) of this administrative regulation;

3 (b) Submit the fee required by 201 KAR 20:240, Section 3(1)(e); and

4 (c) Comply with the requirements established in KRS 314.042(14) and this administrative  
5 regulation.

6 (2) Upon receipt of the CAPA-CS exemption review request, the board shall verify the  
7 following:

8 (a) The APRN has had four (4) years of controlled substance prescribing authority;

9 (b) The APRN's license is in good standing;

10 (c) The APRN has maintained a DEA registration and a current registration certificate is on  
11 file with the board;

12 (d) The APRN has maintained a PDMP registration and a current registration is on file with  
13 the board;

14 (e) That a current Notification of a CAPA-CS for the APRN is on record with the board; and

15 (f) The APRN has an active account with the PDMP.

16 (3) Upon receipt of the CAPA-CS exemption review request, the board shall:

17 (a) Perform a criminal background check for any unreported misdemeanor or felony  
18 convictions in Kentucky; and

19 (b) Perform a check of the coordinated licensure information system specified in KRS  
20 314.475 for any unreported disciplinary actions in another state.



1 (4) The APRN submitting the request shall cooperate with supplemental requests for  
2 documentation before the board makes a determination that the APRN's license is in good  
3 standing pursuant to KRS 314.042(14).

4 (5) An APRN wishing to practice in Kentucky through licensure by endorsement may request  
5 an exemption under this section.

6 (a) An APRN wishing to practice in Kentucky through licensure by endorsement is exempt  
7 from the CAPA-CS requirement if the APRN:

8 1. Has met the prescribing requirements for controlled substances in a state that grants such  
9 prescribing authority to APRNs;

10 2. Has had authority to prescribe controlled substances for at least four (4) years; and

11 3. Has a license in good standing.

12 (b) An APRN wishing to practice in Kentucky through licensure by endorsement who has had  
13 the authority to prescribe controlled substances for less than four (4) years and wishes to  
14 continue to prescribe controlled substances shall enter into a CAPA-CS with a physician licensed  
15 in Kentucky and comply with the provisions of KRS 314.042(11), until the requirements of this  
16 section are met.

17 (6) If the board determines that the APRN is eligible for the exemption after a review and  
18 determination of the exemption request under this section, the board shall notify the APRN in  
19 writing that the CAPA-CS is no longer required. The board shall not require the APRN to  
20 maintain a CAPA-CS as a condition to prescribe controlled substances unless the board imposes  
21 the requirement as part of an action instituted under KRS 314.091(1).

1 (7) If the board denies the exemption request, the denial shall be in writing and shall state  
2 the reasons for the denial. The requestor may request a hearing pursuant to KRS Chapter 13B  
3 within twenty (20) days of receiving written notification of the denial. If a hearing is requested  
4 and the order of the board is adverse to the advance practice registered nurse, the board may  
5 impose costs pursuant to 201 KAR 20:162, Section 7.

6 (8) The APRN nurse shall not prescribe controlled substances without a CAPA-CS until the  
7 board has completed its review and has notified the APRN in writing that the APRN is exempt  
8 from the CAPA-CS requirement.

9 Section 8. Prescribing Medications without Prescriptive Authority. Prescribing nonscheduled  
10 legend drugs without a CAPA-NS or prescribing controlled substances without a CAPA-CS shall  
11 constitute a violation of KRS 314.091(1), unless:

12 (1) In the case of nonscheduled legend drugs, the CAPA-NS has been discontinued pursuant  
13 to KRS 314.042(9) or if the prescribing occurred within the grace period established in Section  
14 6(6) of this administrative regulation; or

15 (2) In the case of controlled substances, the APRN was granted an CAPA-CS exemption by the  
16 board under KRS 314.042(14)(e) prior to the date the medications were prescribed.

17 Section 9. The board may make an unannounced visit to an APRN's practice to determine if it  
18 is consistent with the requirements established by KRS Chapter 314 and 201 KAR Chapter 20.  
19 Patient and prescribing records shall be made available for immediate inspection.

20 Section 10. Prescribing Standards for Controlled Substances. (1)(a) This section shall apply to  
21 APRNs with controlled substance prescriptive authority. It also applies to the utilization of the  
22 PDMP.

1 (b) The APRN shall practice according to the applicable scope and standards of practice for  
2 the APRN's role and population focus. This section does not alter the prescribing limits  
3 established in KRS 314.011(8).

4 (2) Prior to the initial prescribing of a controlled substance to a patient, the APRN shall:

5 (a) Obtain the patient's medical history, including history of substance use, and conduct an  
6 examination of the patient and document the information in the patient's medical record. An  
7 APRN certified in psychiatric-mental health shall obtain a medical and psychiatric history,  
8 perform a mental health assessment, and document the information in the patient's medical  
9 record;

10 (b) Query the PDMP for the twelve (12) month period immediately preceding the request for  
11 available data on the patient and maintain all PDMP report identification numbers and the date  
12 of issuance of each PDMP report in the patient's record;

13 (c) Develop a written treatment plan stating the objectives of the treatment and further  
14 diagnostic examinations required; and

15 (d) Discuss with the patient, the patient's parent if the patient is an unemancipated minor  
16 child, or the patient's legal guardian or health care surrogate:

17 1. The risks and benefits of the use of controlled substances, including the risk of tolerance  
18 and drug dependence;

19 2. That the controlled substance shall be discontinued once the condition requiring its use  
20 has resolved; and

21 3. Document that the discussion occurred and obtain written consent for the treatment.

1 (3) The treatment plan shall include an exit strategy, if appropriate, including potential  
2 discontinuation of the use of controlled substances.

3 (4) For subsequent or continuing long-term prescriptions of a controlled substance for the  
4 same medical complaint, the APRN shall:

5 (a) Update the patient's medical history and document the information in the patient's  
6 medical record;

7 (b) Modify and document changes to the treatment plan as clinically appropriate; and

8 (c) Discuss the risks and benefits of any new controlled substances prescribed, including the  
9 risk of tolerance and drug dependence with the patient, the patient's parent if the patient is an  
10 unemancipated minor child, or the patient's legal guardian or health care surrogate.

11 (5) During the course of treatment, the APRN shall query the PDMP no less than once every  
12 three (3) months for the twelve (12) month period immediately preceding the request for  
13 available data on the patient. The APRN shall maintain in the patient's record all PDMP report  
14 identification numbers and the date of issuance of each PDMP report or a copy or saved image  
15 of the PDMP report. If neither an identification number nor an image can be saved to the  
16 patient's record as a result of technical limitations of the APRN's electronic health record  
17 system, the APRN shall make a concurrent note in the patient's record documenting the date  
18 and time that the APRN reviewed the patient's PDMP report.

19 (6) These requirements may be satisfied by other licensed practitioners in a single group  
20 practice if:

21 (a) Each licensed practitioner involved has lawful access to the patient's medical record;

1 (b) Each licensed practitioner performing an action to meet these requirements is acting  
2 within the scope of practice of his or her profession; and

3 (c) There is adequate documentation in the patient's medical record reflecting the actions of  
4 each practitioner.

5 (7) If prescribing a controlled substance for the treatment of chronic, non-cancer pain, the  
6 APRN, in addition to the requirements of this section, shall obtain a baseline drug screen and  
7 further random drug screens if the APRN:

8 (a) Finds a drug screen clinically appropriate; or

9 (b) Believes that it is appropriate to determine whether the controlled substance is being  
10 taken by the patient.

11 (8) If prescribing a controlled substance for the treatment of a mental health condition, the  
12 APRN shall meet the requirements of this section and KRS 314.011(8)(a) and (b).

13 (9) Prior to prescribing a controlled substance for a patient in the emergency department of  
14 a hospital that is not an emergency situation, the APRN shall:

15 (a) Obtain the patient's medical history, conduct an examination of the patient, and  
16 document the information in the patient's medical record. An APRN certified in psychiatric -  
17 mental health shall obtain a medical and psychiatric history, perform a mental health  
18 assessment, and document the information in the patient's medical record;

19 (b) Query the PDMP for the twelve (12) month period immediately preceding the request for  
20 available data on the patient and document the data in the patient's record;

21 (c) Develop a written treatment plan stating the objectives of the treatment and further  
22 diagnostic examinations required; and

1 (d) Discuss the risks and benefits of the use of controlled substances with the patient, the  
2 patient's parent if the patient is an unemancipated minor child, the patient's legal guardian, or  
3 health care surrogate, including the risks of tolerance and drug dependence, and document  
4 that the discussion occurred and that the patient consented to that treatment.

5 (10) For each patient for whom an APRN prescribes a controlled substance, the APRN shall  
6 keep accurate, readily accessible, and complete medical records, which include:

7 (a) Medical history and physical or mental health examination;

8 (b) Diagnostic, therapeutic, and laboratory results;

9 (c) Evaluations and consultations;

10 (d) Treatment objectives;

11 (e) Discussion of risk, benefits, and limitations of treatments;

12 (f) Treatments;

13 (g) Medications, including date, type, dosage, and quantity prescribed;

14 (h) Instructions and agreements;

15 (i) Periodic reviews of the patient's file; and

16 (j) The date and time of the ~~[All PDMP report identification numbers and the date of~~  
17 ~~issuance]~~ request and review of each PDMP query~~[report]~~.

18 (11) The requirement to query the PDMP shall not apply to:

19 (a) An APRN prescribing or administering a controlled substance immediately prior to,

20 during, or within the fourteen (14) days following an operative or invasive procedure or a

21 delivery if the prescribing or administering is medically related to the operative or invasive

1 procedure of the delivery and the medication usage does not extend beyond the fourteen (14)  
2 days;

3 (b) An APRN prescribing or administering a controlled substance necessary to treat a patient  
4 in an emergency situation; or

5 (c) An APRN prescribing a controlled substance:

6 1. For administration in a hospital or long-term-care facility with an institutional account, or  
7 an APRN in a hospital or facility without an institutional account, if the hospital, long-term-care  
8 facility, or licensee queries the PDMP for all available data on the patient or resident for the  
9 twelve (12) month period immediately preceding the query within twelve (12) hours of the  
10 patient's or resident's admission and places a copy of the query in the patient's or resident's  
11 medical records during the duration of the patient's stay at the facility;

12 2. As part of the patient's hospice or end-of-life treatment;

13 3. For the treatment of pain associated with cancer or with the treatment of cancer;

14 4. To assist a patient with submitting to a diagnostic test or procedure;

15 5. Within seven (7) days of an initial prescription pursuant to subsection (1) of this section if  
16 the prescriber:

17 a. Substitutes a controlled substance for the initial prescribing;

18 b. Cancels any refills for the initial prescription; and

19 c. Requires the patient to dispose of any remaining unconsumed medication;

20 6. Within ninety (90) days of an initial prescription pursuant to subsection (1) of this section  
21 if the prescribing is done by another licensee in the same practice or in an existing coverage  
22 arrangement, if done for the same patient for the same condition;

1 7. To a research subject enrolled in a research protocol approved by an institutional review  
2 board that has an active federal-wide assurance number from the United States Department of  
3 Health and Human Services, Office for Human Research Protections if the research involves  
4 single, double, or triple blind drug administration or is additionally covered by a certificate of  
5 confidentiality from the National Institutes of Health;

6 8. During the effective period of any disaster or situation with mass casualties that have a  
7 direct impact on the APRN's practice;

8 9. As part of the administering or ordering of controlled substances to prisoners in a state,  
9 county, or municipal correctional facility;

10 10. That is a Schedule IV controlled substance for no longer than three (3) days for an  
11 established patient to assist the patient in responding to the anxiety of a nonrecurring event; or

12 11. That is classified as a Schedule V controlled substance.

13 (12) In accordance with 21 C.F.R. 1306.12(b)(1)(iv) - (v), federal regulation 21 C.F.R.  
14 1306.12(b) concerning the issuance of multiple prescriptions for Schedule II controlled  
15 substances shall not apply to APRNs in this state.

16 (13) No less than once every six (6) months, an APRN who holds a DEA Controlled Substance  
17 Registration Certificate shall query and review the~~[a reverse]~~ PDMP ~~[report]~~ for the preceding  
18 six (6) months to determine if the information contained in the PDMP is correct. If the  
19 information is incorrect, the APRN shall comply with 902 KAR 55:110 and take the necessary  
20 steps to seek correction of the information, by:

21 (a) First contacting the reporting pharmacy;

22 (b) Contacting law enforcement if suspected fraudulent activity; or



1 (c) Contacting the Drug Enforcement Professional Practices Branch, Office of Inspector  
2 General, Cabinet for Health and Family Services.

3 (14) An APRN shall not issue a prescription for hydrocodone combination products for more  
4 than a three (3) day supply if the prescription is intended to treat pain as an acute medical  
5 condition, except if:

6 (a) The APRN, in his or her professional judgment, believes that more than a three (3) day  
7 supply of hydrocodone combination products is medically necessary to treat the patient's pain  
8 as an acute medical condition and the APRN adequately documents the acute medical  
9 condition and lack of alternative treatment options that justifies deviation from the three (3)  
10 day supply limit on the patient's medical records;

11 (b) The prescription for hydrocodone combination products is prescribed to treat chronic  
12 pain;

13 (c) The prescription for hydrocodone combination products is prescribed to treat pain  
14 associated with a valid cancer diagnosis;

15 (d) The prescription for hydrocodone combination products is prescribed to treat pain while  
16 the patient is receiving hospice or end-of-life treatment;

17 (e) The prescription for hydrocodone combination products is prescribed as part of a  
18 narcotic treatment program licensed by the Cabinet for Health and Family Services;

19 (f) The prescription for hydrocodone combination products is prescribed to treat pain  
20 following a major surgery, which is any operative or invasive procedure or a delivery, or the  
21 treatment of significant trauma; or

1 (g) Hydrocodone combination products are administered directly to an ultimate user in an  
2 inpatient setting.

3 (15) Prescriptions written for hydrocodone combination products pursuant to subsection  
4 (14)(a) through (g) of this section shall not exceed thirty (30) days without any refill.

5 (16) An APRN may prescribe electronically. Electronic prescription shall be as established in  
6 KRS 218A.171.

7 (17) For any prescription for a controlled substance, the prescribing APRN shall discuss with  
8 the patient the effect the patient's medical condition and medication may have on the patient's  
9 ability to safely operate a vehicle in any mode of transportation.

10 Section 11. Immediate Family Member and Self-prescribing or Administering Medications.

11 (1) An APRN shall not self-prescribe or administer controlled substances.

12 (2) An APRN shall not prescribe or administer controlled substances to his or her immediate  
13 family member except as established in subsections (3) and (4) of this section.

14 (3) An APRN may prescribe or administer controlled substances to an immediate family  
15 member:

16 (a) In an emergency situation;

17 (b) For a single episode of an acute illness through one (1) prescribed course of medication;

18 or

19 (c) In an isolated setting, if no other qualified practitioner is available.

20 (4)(a) An APRN who prescribes or administers controlled substances for an immediate family  
21 member pursuant to subsections (3)(a) or (b) of this section shall document all relevant  
22 information and notify the appropriate provider.

1 (b) An APRN who prescribes or administers controlled substances for an immediate family  
2 member pursuant to subsection (3)(c) of this section shall maintain a provider-practitioner  
3 relationship and appropriate patient records.

4 Section 12. Incorporation by Reference. (1) The following material is incorporate by  
5 reference:

6 (a) "AACN Scope and Standards for Adult-Gerontology and Pediatric Acute Care Nurse  
7 Practitioners[Practitioner Practice]", 2021[2017] Edition, American Association of Critical-Care  
8 Nurses;

9 (b) "AACN Scope and Standards for Acute Care Clinical Nurse Specialist Practice", 2022[2014]  
10 Edition, American Association of Critical-Care Nurses;

11 (c) "Neonatal Nursing: Scope and Standards of Practice", 2021, 3<sup>rd</sup>[2013] Edition, American  
12 Nurses Association/ National Association of Neonatal Nurses;

13 (d) "Nursing: Scope and Standards of Practice", 2021, 4<sup>th</sup>[2015] Edition, American Nurses  
14 Association;

15 (e) "Pediatric Nursing: Scope and Standards of Practice", 2015, 2<sup>nd</sup> Edition, American Nurses  
16 Association/ Society of Pediatric Nursing/ National Association of Pediatric Nurse Practitioners;

17 (f) "Psychiatric-Mental Health Nursing: Scope and Standards of Practice", 2022, 3<sup>rd</sup>  
18 Edition[2014], American Nurses Association/ American Psychiatric Nursing Association;

19 (g) "Scope of Practice for Nurse Practitioners", 2022[2019] Edition, American Association of  
20 Nurse Practitioners;

21 (h) "Standards of Practice for Nurse Practitioners", 2022[2019] Edition, American Association  
22 of Nurse Practitioners;

1 (i) "Scope of Nurse Anesthesia Practice", ~~2020~~<sup>2013</sup> Edition, American Association of Nurse  
2 Anesthetists;

3 (j) "Standards for Nurse Anesthesia Practice", 2019 Edition, American Association of Nurse  
4 Anesthetists;

5 ~~[(k)] "Standards for Office-Based Anesthesia Practice", 2019 Edition, American Association of  
6 Nurse Anesthetists;~~

7 ~~(k)~~<sup>(l)</sup> "Standards for the Practice of Midwifery", ~~2022~~<sup>2011</sup> Edition, American College of  
8 Nurse Midwives;

9 ~~(l)~~<sup>(m)</sup> "Oncology Nursing Scope and Standards of Practice", 2019 Edition, Oncology Nursing  
10 Society;

11 ~~(m)~~<sup>(n)</sup> "The Women's Health Nurse Practitioner: Guidelines for Practice and Education",  
12 ~~2020, 8th~~<sup>2014</sup> Edition, Association of Women's Health, Obstetric and Neonatal Nurses/Nurse  
13 Practitioners in Women's Health;

14 ~~(n)~~<sup>(o)</sup> "Definition of Midwifery and Scope of Practice of Certified Nurse-Midwives and  
15 Certified Midwives", ~~2021~~<sup>2012</sup> Edition, American College of Nurse Midwives;

16 ~~(o)~~<sup>(p)</sup> "Standards for Professional Nursing Practice in the Care of Women, Newborns, and  
17 People Across the Life Span~~[and Newborns]~~", ~~2023, 9<sup>th</sup>~~<sup>2019</sup> Edition, Association of Women's  
18 Health, Obstetric and Neonatal Nurses;

19 ~~(p)~~<sup>(q)</sup> "Standardized CAPA-CS Agreement Form", 9/2023; and

20 ~~(q)~~<sup>(r)</sup> "CAPA-NS Agreement Form", 9/2023.

21 (2) This material may be inspected, copied, or obtained, subject to applicable copyright law,  
22 at the Kentucky Board of Nursing, 312 Whittington Parkway, Suite 300, Louisville, Kentucky

- 1 40222, Monday through Friday, 8 a.m. to 4:30 p.m. This material is also available on the board's
- 2 Web site at <https://kbn.ky.gov/document-library/Pages/default.aspx>.

Amended Administrative Regulation

201 KAR 20:057. Scope and standards of practice of advanced practice registered nurses.

Adopted: June 20, 2024.

*Audria Denker, DNP, RN, FAAN*

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Audria Denker, President  
Kentucky Board of Nursing

June 20, 2024

Date

## PUBLIC HEARING AND PUBLIC COMMENT PERIOD

A public hearing on this administrative regulation shall be held on October 21, 2024, at 10:00 AM at Kentucky Board of Nursing, 312 Whittington Parkway, Ste 300, Louisville, KY 40222. Individuals interested in being heard at this hearing shall notify this agency in writing by October 14, 2024, five workdays prior to the hearing, of their intent to attend. If no notification of intent to attend the hearing was received by that date, the hearing may be cancelled. A transcript of the public hearing will not be made unless a written request for a transcript is made. If you do not wish to be heard at the public hearing, you may submit written comments on the proposed administrative regulation. Written comments shall be accepted through October 31, 2024. Send written notification of intent to be heard at the public hearing or written comments on the proposed administrative regulation to the contact person.

### CONTACT PERSON:

Jeffrey R. Prather, General Counsel  
Kentucky Board of Nursing  
312 Whittington Parkway, Suite 300  
Louisville, KY 40222  
(502) 338-2851  
Jeffrey.Prather@ky.gov

Or submit a comment at:

<https://secure.kentucky.gov/formservices/Nursing/PendReg>

## REGULATORY IMPACT ANALYSIS AND TIERING STATEMENT

201 KAR 20:057

Contact Person: Jeffrey Prather

Phone: (502) 338-2851

Email: Jeffrey.prather@ky.gov

(1) Provide a brief summary of:

(a) What this administrative regulation does: This administrative regulation sets standards for APRN practice.

(b) The necessity of this administrative regulation: This administrative regulation is necessary because of KRS 314.042.

(c) How this administrative regulation conforms to the content of the authorizing statutes: This administrative regulation conforms to the content of the authorizing statutes by setting standards of practice.

(d) How this administrative regulation currently assists or will assist in the effective administration of the statutes: This administrative regulation assists in the effective administration of the statutes by setting standards of practice.

(2) If this is an amendment to an existing administrative regulation, provide a brief summary of:

(a) How the amendment will change this existing administrative regulation: The amendments update the regulation to reflect changes in technology and that the electronic prescription drug monitoring program system for monitoring scheduled controlled substances (PDMP) is maintained online. It may be queried for information, including access and review times for audit purposes. The PDMP does not necessarily produce a physical report with a report number. Also, the material incorporated by reference (MIR) has been updated to the current updated or revised versions.

(b) The necessity of the amendment to this administrative regulation: These regulation amendments were necessary due updates in technology and the MIR.

(c) How the amendment conforms to the content of the authorizing statutes: By clearly stating prescribing requirements.

(d) How the amendment will assist in the effective administration of the statutes: By clearly stating standards, procedures, and requirements.

(3) List the type and number of individuals, businesses, organizations, or state and local governments affected by this administrative regulation: Kentucky APRNs, approximately 14,000 licensees.

(4) Provide an analysis of how the entities identified in question (3) will be impacted by either the implementation of this administrative regulation, if new, or by the change, if it is an amendment, including:



(a) List the actions that each of the regulated entities identified in question (3) will have to take to comply with this administrative regulation or amendment: APRNs with prescriptive authority who query the PDMP pursuant to this regulation will need to document in the patient file the date and time the PDMP was queried.

(b) In complying with this administrative regulation or amendment, how much will it cost each of the entities identified in question (3): No additional cost.

(c) As a result of compliance, what benefits will accrue to the entities identified in question (3): They will be following the administrative regulation and KRS 314.042 and will be authorized to prescribe controlled substances.

(5) Provide an estimate of how much it will cost the administrative body to implement this administrative regulation:

(a) Initially: No additional cost.

(b) On a continuing basis: No additional cost.

(6) What is the source of the funding to be used for the implementation and enforcement of this administrative regulation: Agency funds.

(7) Provide an assessment of whether an increase in fees or funding will be necessary to implement this administrative regulation, if new, or by the change if it is an amendment: No fees are increased.

(8) State whether or not this administrative regulation establishes any fees or directly or indirectly increases any fees: This regulation does not establish a fee.

(9) TIERING: Is tiering applied? The changes will apply equally, there is no tiering.

FISCAL NOTE

201 KAR 20:057

Contact Person: Jeffrey Prather

Phone: (502) 338-2851

Email: Jeffrey.prather@ky.gov

(1) Identify each state statute, federal statute, or federal regulation that requires or authorizes the action taken by the administrative regulation. Kentucky Revised Statutes 218A.205(3)(a), (b), 314.131(1), 314.042, and 314.193.

(2) Identify the promulgating agency and any other affected state units, parts, or divisions: The Kentucky Board of Nursing.

(a) Estimate the following for the first year:

Expenditures: No expenditures to estimate.

Revenues: No revenues to estimate.

Cost Savings: No cost savings.

(b) How will expenditures, revenues, or cost savings differ in subsequent years? There will be no difference to expenditures, revenues, or cost savings.

(3) Identify affected local entities (for example: cities, counties, fire departments, school districts): None.

(a) Estimate the following for the first year:

Expenditures: N/A

Revenues: N/A

Cost Savings: N/A

(b) How will expenditures, revenues, or cost savings differ in subsequent years? N/A

(4) Identify additional regulated entities not listed in questions (2) or (3): Advanced Practice Registered Nurses.

(a) Estimate the following for the first year:

Expenditures: None.

Revenues: None.

Cost Savings: None.

(b) How will expenditures, revenues, or cost savings differ in subsequent years? There will be no difference to expenditures, revenues, or cost savings.

(5) Provide a narrative to explain the:

(a) Fiscal impact of this administrative regulation: The regulation updates language regarding PDMP reporting, and the material incorporated by referenced. Revenues are unaffected.

(b) Methodology and resources used to determine the fiscal impact: None.

(6) Explain:

(a) Whether this administrative regulation will have an overall negative or adverse major economic impact to the entities identified in questions (2) - (4). (\$500,000 or more, in aggregate) This administrative regulation will not have a major economic impact.

(b) The methodology and resources used to reach this conclusion: N/A.

## Summary of Material Incorporated by Reference

201 KAR 20:057. Scope and standards of practice of advanced practice registered nurses.

## Summary of Material Incorporated by Reference

The following materials incorporated by reference are scope and standard statements from nationally established organizations pursuant to KRS 314.011(8) and KRS 314.193.

(a) "AACN Scope and Standards for Adult-Gerontology and Pediatric Acute Care Nurse Practitioners", 2021 Edition, American Association of Critical-Care Nurses. It may be located at <https://www.aacn.org/nursing-excellence/standards/aacn-scope-and-standards-for-adult-gerontology-and-pediatric-acute-care-nurse-practitioners>. It is a fifty-four (54) page booklet.

(b) "AACN Scope and Standards for Acute Care Clinical Nurse Specialist Practice", 2022 Edition, American Association of Critical-Care Nurses. It may be located at <https://www.aacn.org/nursing-excellence/standards/aacn-scope-and-standards-for-acute-care-clinical-nurse-specialist-practice>. It is a sixty (60) page booklet.

(c) "Neonatal Nursing: Scope and Standards of Practice", 2021, 3rd Edition, American Nurses Association/ National Association of Neonatal Nurses. It may be located at <https://www.nursingworld.org/nurses-books/neonatal-nursing-scope-and-standards-of-practice2/>. It is an eight-three (83) page booklet.

(d) "Nursing: Scope and Standards of Practice", 2021, 4th Edition, American Nurses Association. It may be located at <https://www.nursingworld.org/nurses-books/nursing-scope-and-standards-of-practice-4th-edit/>. It is a one hundred and eighty-four (184) page booklet.

(e) "Pediatric Nursing: Scope and Standards of Practice", 2015, 2nd Edition, American Nurses Association/ Society of Pediatric Nursing/ National Association of Pediatric Nurse Practitioners. It may be located at <https://www.nursingworld.org/nurses-books/pediatric-nursing-scope-and-standards-of-practice-2nd-ed>. It is a two hundred and twelve (212) page booklet.

(f) "Psychiatric-Mental Health Nursing: Scope and Standards of Practice", 2022, 3rd Edition, American Nurses Association/ American Psychiatric Nursing Association. It may be located at <https://www.nursingworld.org/nurses-books/psychiatric-mental-health-nursing-scope-and-stand/>. It is a one hundred and thirty-two (132) page booklet.

(g) "Scope of Practice for Nurse Practitioners", 2022 Edition, American Association of Nurse Practitioners. It may be located at <https://www.aanp.org/advocacy/advocacy-resource/position-statements/scope-of-practice-for-nurse-practitioners>. It is a one (1) page document.

(h) "Standards of Practice for Nurse Practitioners", 2022 Edition, American Association of Nurse Practitioners. It may be located at <https://www.aanp.org/advocacy/advocacy-resource/position-statements/standards-of-practice-for-nurse-practitioners>. It is a six (6) page document.

(i) "Scope of Nurse Anesthesia Practice", 2020 Edition, American Association of Nurse Anesthetists. It may be located at <https://www.aana.com/wp-content/uploads/2023/01/scope-of-nurse-anesthesia-practice.pdf>. It is a three (3) page document.

(j) "Standards for Nurse Anesthesia Practice", 2019 Edition, American Association of Nurse Anesthetists. It may be located at <https://www.aana.com/practice-manual/aana-practice-manual-standards-for-nurse-anesthesia-practice/>. It is a four (4) page booklet.

(k) "Standards for the Practice of Midwifery", 2022 Edition, American College of Nurse Midwives. It may be located at [https://www.midwife.org/acnm/files/acnmldata/uploadfilename/00000000051/2022\\_standards-for-the-practice-of-midwifery.pdf](https://www.midwife.org/acnm/files/acnmldata/uploadfilename/00000000051/2022_standards-for-the-practice-of-midwifery.pdf). It is a four (4) page document.

(l) "Oncology Nursing Scope and Standards of Practice", 2019 Edition, Oncology Nursing Society. It may be located at <https://www.ons.org/standards-and-reports/scope-and-standards-oncology-nursing-practice>. It is a eighty-four (84) page booklet.

(m) "The Women's Health Nurse Practitioner: Guidelines for Practice and Education", 2020, 8th Edition, Association of Women's Health, Obstetric and Neonatal Nurses/Nurse Practitioners in Women's Health. It may be located at <https://npwh.org/store/viewproduct.aspx?id=19398612>. It is a thirty-seven (37) page booklet.

(n) "Definition of Midwifery and Scope of Practice of Certified Nurse-Midwives and Certified Midwives", 2021 Edition, American College of Nurse Midwives. It may be located at [https://www.midwife.org/acnm/files/cclibraryfiles/filename/000000007476/Definition%20Midwifery%20Scope%20of%20Practice\\_2021.pdf](https://www.midwife.org/acnm/files/cclibraryfiles/filename/000000007476/Definition%20Midwifery%20Scope%20of%20Practice_2021.pdf). It is a two (2) page document.

(o) "Standards for Professional Nursing Practice in the Care of Women, Newborns, and People Across the Life Span", 2023, 9th Edition, Association of Women's Health, Obstetric and Neonatal Nurses. It may be located at <https://www.sciencedirect.com/science/article/abs/pii/S1751485123002003?via%3Dihub>. It is a thirty-seven (37) booklet.

The following materials incorporated by reference are forms that shall be executed by the Advanced Practice Registered Nurses who have entered into a collaborative agreement for prescriptive authority for controlled substances, pursuant to KRS 314.042(11), and nonscheduled legend drugs pursuant to KRS 314.042(8).

(q) "Standardized CAPA-CS Agreement Form", 9/2023; this is a three (3) page form.

(r) "CAPA-NS Agreement Form", 9/2023; this is a one (1) page form.

#### Summary of Changes to Material Incorporated by Reference

"AACN Scope and Standards for Acute Care Nurse Practitioner Practice", 2017 Edition, American Association of Critical-Care Nurses, is being wholly replaced by "AACN Scope and Standards for Adult-Gerontology and Pediatric Acute Care Nurse Practitioners", 2021 Edition, American Association of Critical-Care Nurses. This is a revised version of a previous edition.

"AACN Scope and Standards for Acute Care Clinical Nurse Specialist Practice", 2014 Edition, American Association of Critical-Care Nurses, is being wholly replaced by "AACN Scope and Standards for Acute Care Clinical Nurse Specialist Practice", 2022 Edition, American Association of Critical-Care Nurses; this is a revised version of a previous edition.

"Neonatal Nursing: Scope and Standards of Practice", 2013 Edition, American Nurses Association/ National Association of Neonatal Nurses, is being wholly replaced by "Neonatal Nursing: Scope and Standards of Practice", 2021, 3rd Edition, American Nurses Association/ National Association of Neonatal Nurses; this is a revised edition.

"Nursing: Scope and Standards of Practice", 2015 Edition, American Nurses Association, is being wholly replaced by "Nursing: Scope and Standards of Practice", 2021, 4th Edition, American Nurses Association; this is a revised edition.

"Psychiatric-Mental Health Nursing: Scope and Standards of Practice", 2014, American Nurses Association/ American Psychiatric Nursing Association, is being wholly replaced by "Psychiatric-Mental Health Nursing: Scope and Standards of Practice", 2022, 3rd Edition, American Nurses Association/ American Psychiatric Nursing Association; this is a revised edition.

"Scope of Practice for Nurse Practitioners", 2019 Edition, American Association of Nurse Practitioners, is being wholly replaced by "Scope of Practice for Nurse Practitioners", 2022 Edition, American Association of Nurse Practitioners; this is an update version of the document.

"Standards of Practice for Nurse Practitioners", 2019 Edition, American Association of Nurse Practitioners, is being wholly replaced by "Standards of Practice for Nurse Practitioners", 2022 Edition, American Association of Nurse Practitioners; this is an updated version of the document.

"Scope of Nurse Anesthesia Practice", 2013 Edition, American Association of Nurse Anesthetists, is being wholly replaced by "Scope of Nurse Anesthesia Practice", 2020 Edition, American Association of Nurse Anesthetists; this is an updated version of the document.

"Standards for Office Based Anesthesia Practice", 2019 Edition, American Association of Nurse Anesthetists. It is being removed from the material incorporated by reference.

"Standards for the Practice of Midwifery", 2011 Edition, American College of Nurse Midwives, is being wholly replaced by "Standards for the Practice of Midwifery", 2022 Edition, American College of Nurse Midwives; this is an updated version of the document.

"The Women's Health Nurse Practitioner: Guidelines for Practice and Education", 2014 Edition, Association of Women's Health, Obstetric and Neonatal Nurses/Nurse Practitioners in Women's Health, is being wholly replaced by "The Women's Health Nurse Practitioner: Guidelines for Practice and Education", 2020, 8th Edition, Association of Women's Health, Obstetric and Neonatal Nurses/Nurse Practitioners in Women's Health; this is a revised edition.

"Definition of Midwifery and Scope of Practice of Certified Nurse-Midwives and Certified Midwives", 2012 Edition, American College of Nurse Midwives, is being wholly replaced by "Definition of Midwifery and Scope of Practice of Certified Nurse-Midwives and Certified Midwives", 2021 Edition, American College of Nurse Midwives; this is an updated version of the document.

"Standards for Professional Nursing Practice in the Care of Women and Newborns", 2019 Edition, Association of Women's Health, Obstetric and Neonatal Nurses, is being wholly replaced by "Standards for Professional Nursing Practice in the Care of Women, Newborns, and People Across the Life Span", 2023, 9th Edition, Association of Women's Health, Obstetric and Neonatal Nurses; this is an updated version of the document.