

CONTINUING COMPETENCY: *Including Renewal Requirements*

by **Mary Stewart**, Continuing Competency Program Coordinator



HIV/AIDS CE DEADLINE REQUIREMENTS

All nurses are required to earn at least 2 approved CE contact hours of HIV/AIDS continuing education every ten years.

The HIV/AIDS continuing education hours count toward the required CE in the year they were earned.

A list of national nursing organizations recognized by KBN for continuing education can be found on the KBN website (www.kbn.ky.gov/ce/natlorgs.htm).

Documentation of meeting this requirement must be retained for at least 12 years. It is not necessary to submit CE certificates to KBN unless requested to do so through the CE audit.

PEDIATRIC ABUSIVE HEAD TRAUMA (“SHAKEN BABY SYNDROME”) CE

In 2010, the General Assembly passed House Bill 285, sponsored by Rep. Adia Wuchner. This bill requires various groups to complete a course in Pediatric Abusive Head Trauma, also

known as “Shaken Baby Syndrome.” Those groups include law enforcement students, Kentucky schools, child protection staff, inmates, foster parents, child care center employees and owners, family child care providers, the HANDS program, urgent care facilities employees, physician assistants, EMTs, first responders, paramedics, social workers, and nurses.

The requirement for nurses is a one-time continuing education course of at least 1.5 hours covering the recognition and prevention of pediatric abusive head trauma as defined by the Act. Nurses licensed as of July 15, 2010 have until December 31, 2013 to complete the course. Nurses licensed after that date have three years from the date of licensure to complete the course. The course can be offered by any approved CE provider. Nurses will only need to submit proof of completion of the requirement should they be audited. For more information, contact Mary Stewart, Continuing Competency Program Coordinator (502-429-7191 or MaryD.Stewart@ky.gov).

EARNING PERIODS FOR ALL NURSES

Nurses are required to renew their license on a yearly basis. The CE/competency earning period is the same as the licensure period, i.e., November 1 through October 31.

KBN audits a randomly selected pool of nurses. If audited, failure to provide documentation of having earned the required CE/competency will subject the licensee to disciplinary action in accordance with the Kentucky Nursing Laws.

CE Information Concerning Annual Renewal

According to Kentucky Board of Nursing Administrative Regulation 201 KAR 20:215, validation of CE/competency must include one of the following:

Proof of earning 14 approved contact hours; OR

A national certification or re-certification related to the nurse’s practice role (in effect during the whole period or initially earned during the period); OR

Completion of a nursing research project as principal investigator, co-investigator, or project director. Must be qualitative or quantitative in nature, utilize research methodology, and include a summary of the findings; OR

Publication of a nursing related article; OR

A professional nursing education presentation that is developed by the presenter, presented to nurses or other health professionals, and evidenced by a program brochure, course syllabi, or a letter from the offering provider identifying the licensee’s participation as the presenter of the offering; OR

Participation as a preceptor for at least one nursing student or new employee undergoing orientation (must

be for at least 120 hours, have a one-to-one relationship with student or employee, may precept more than one student during the 120 hours, and preceptorship shall be evidenced by written documentation from the educational institution or preceptor's supervisor); OR

Proof of earning seven approved contact hours, PLUS a nursing employment evaluation that is satisfactory for continued employment (must be signed by supervisor with the name, address, and phone number of the employer included), and cover at least six months of the earning period.

Certain college credit courses may be used to meet the CE requirements. Nursing courses, designated by a nursing course number, and courses in physical and social sciences such as Psychology, Biology, and Sociology will count toward CE hours. One semester credit hour equals 15 contact hours; one quarter credit hour equals 12 contact hours.

Note: Prelicensure general education courses, either electives or designated to meet degree requirements, are NOT acceptable, nor are CPR/BLS, in-service education, nor nurse aide training. ACLS or PALS courses ARE acceptable for CE hours if given by an approved provider.

Advanced Practice Registered Nurse CE Requirements

Advanced Practice Registered Nurses (APRNs) must earn five contact hours in pharmacology each renewal period.

Sexual Assault Nurse Examiner CE Requirements

Sexual Assault Nurse Examiners (SANE) credentialed nurses must earn five contact hours of approved sexual assault CE each renewal period. Forensic medicine or domestic violence CE will meet this requirement.

Individual Review of Offerings Presented by Organizations not Recognized by the Board

Contact the KBN office or visit the KBN website (<http://kbn.ky.gov/ce/ce-formspubs.htm>) to obtain an Individual Request for Review of CE Activities application; complete and return to the Board office with requested materials and nonrefundable application fee of \$10. Within about six weeks of receipt of the submitted materials, KBN will notify the individual of the review outcome, i.e. approval or rejection. A notification of CE/competency approval should be retained for a minimum of five years. Individual review is not required if an offering is approved for continuing education by an organization recognized by the Board (refer to <http://kbn.ky.gov/ce/natlorgs.htm>).

Note: Individual review applications

must be submitted to the Board by November 30 of the licensure year.

CE EXEMPTION TO BE ELIMINATED AS OF 2012

The CE exemption for new licenses at the time of their first renewal has been eliminated. In 2012, first-time renewing nurses that were employed were required to take approved CE contact hours and have either an employment evaluation or documentation from their employers showing proof of orientation. First-time nurses that were not employed were required to earn 14 approved CE contact hours.

This elimination of the CE exemption took effect in 2011 and affected nurses renewing their license for the first time in Sep. 15 – Oct. 31, 2012 renewal period.

SEE PAGE 19 FOR APPROVAL STATUS



School of Nursing **New BSN-DNP and Post-Master's DNP Program**

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- Family Nurse Practitioner
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- Post-Master's DNP Program

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For more information, please contact:
Dina Byers, PhD, APRN, ACNS-BC
Graduate Coordinator
dbyers@murraystate.edu
270-809-6223

Kentucky Board of Nursing

Program of Nursing Approval Status

- D - Developmental: The designation granted to a proposed program of nursing to continue development of plans for implementation.
- I - Initial: The designation granted to a new program of nursing upon admission of the first class.
- F - Full: Full approval status is the designation granted to program of nursing that is in compliance
- C - Conditional: The designation granted to a program if one or more of the standards in the regulations have not been met.
- P - Probational: The designation granted to a program of nursing if one or more standards have continued to be unmet. Programs on Probational Status cannot admit new students.

NOTE: KBN does not regulate RN to BSN programs.

As of 12/7/2012

Program of Nursing

Doctoral Nursing Degree

Bellarmine University (I)
 Eastern Kentucky University (I)
 Frontier Nursing University (F)
 Morehead State University (D)
 Murray State University (I)
 Northern Kentucky University (I)
 University of Kentucky (F)
 Western Kentucky University (I)

Master's Degree Nursing

Leading to APRN

Bellarmine University (F)
 Eastern Kentucky University (F)
 Frontier Nursing University (F)
 Indiana Wesleyan University (F)
 Murray State University (F)
 Northern Kentucky University (F)
 Spalding University (F)
 University of Kentucky (F)
 University of Louisville (F)
 Western Kentucky University (F)

Baccalaureate Degree Nursing

Bellarmine University (F)
 Berea College (C)

Eastern Kentucky University (F)
 Kentucky Christian University (F)
 Lindsey Wilson College (I)
 Morehead State University (F)
 Murray State University (F)
 Northern Kentucky University (F)
 Spalding University (F)
 Thomas More College (F)
 Union College (D)
 University of Kentucky (F)
 University of Louisville (F)
 University of Louisville - Owensboro (I)
 Western Kentucky University (F)

Associate Degree Nursing

Ashland Community & Technical College (F)
 Beckfield College (F)
 Big Sandy Community & Technical College (C)
 Bluegrass Community & Technical College - Cooper Drive (F)
 Bluegrass Community & Technical College - Lawrenceburg (F)
 Bowling Green Technical College - Glasgow Campus (F)
 Bowling Green Technical College - Bowling Green (D)
 Campbellsville University (F)

Daymar College (F)
 Eastern Kentucky University (F)
 Elizabethtown Community & Technical College (F)
 Galen College of Nursing (F)
 Gateway Community & Technical College (F)
 Hazard Community & Technical College - Hazard (F)
 Hazard Community & Technical College - Lees Campus (F)
 Henderson Community College (F)
 Hopkinsville Community College (F)
 ITT Technical Institute (I)
 Jefferson C&TC (F)
 Kentucky State University (F)
 Lincoln College of Technology (D)
 Lincoln Memorial University - Corbin Campus (F)
 Madisonville Community College (F)
 Maysville Community & Technical College (F)
 Maysville Community & Technical College - Licking Valley (C)
 Midway College (F)
 Morehead State University (F)
 Morehead State University - Mt. Sterling (F)

National College (F)
 Owensboro Community &
 Technical College (F)
 Somerset Community College (F)
 Somerset Community College - Laurel (I)
 Southeast Kentucky
 Community & Technical College (F)
 Southeast Kentucky Community &
 Technical College - Pineville (F)
 Spencerian College (C)
 St. Catharine College (F)
 University of Pikeville (F)
 West Kentucky Community &
 Technical College (F)
 Western Kentucky University (F)
 Western Kentucky University - Glasgow (F)

Technical College - Mayo/Paintsville (F)
 Bluegrass Community &
 Technical College - Leestown (F)
 Bluegrass Community &
 Technical College - Danville (F)
 Bowling Green Technical
 College - Glasgow (F)
 Bowling Green Technical
 College - Bowling Green (F)
 Brown Mackie College -
 Northern Kentucky (F)
 Brown Mackie College - Louisville (F)
 Elizabethtown Community &
 Technical College (F)
 Galen College of Nursing (F)
 Gateway Community &
 Technical College (F)
 Hazard Community & Technical College (F)
 Henderson Community College (F)
 Hopkinsville Community College (F)
 Jefferson C&TC - Louisville (F)
 Jefferson C&TC - Shelbyville (F)
 Jefferson C&TC - Carrollton (F)

Lincoln College of Technology (I)
 Maysville Community &
 Technical College - Rowan Campus (F)
 Maysville Community & Technical College (F)
 Maysville Community &
 Technical College - Licking Valley (F)
 Maysville Community &
 Technical College - Montgomery (F)
 Owensboro Community &
 Technical College (F)
 Somerset Community College (F)
 Somerset Community
 College - Clinton Center (F)
 Somerset Community
 College - Laurel Campus (F)
 Spencerian College (F)
 West Kentucky Community &
 Technical College (F)
 West Kentucky Community &
 Technical College - Murray (F)

Practical Nursing

Ashland Cmty. & Technical College - Roberts
 Drive (F)
 ATA College (C)
 Beckfield College (F)
 Big Sandy Community &



BEREA COLLEGE IS ACCEPTING APPLICATIONS FOR:

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 and
Assistant Professor of Nursing-Psychiatric Nursing

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These nine-month teaching positions offers an exciting opportunity for an experienced nurse educator to help shape the future of Berea College's baccalaureate nursing program. Berea College has been educating nurses since 1889, and its Nursing Program founded in 1898, has been cited as the oldest nursing program west of the Allegheny Mountains.

Qualifications for appointment as an Assistant Professor include at minimum a master's degree in nursing with advanced practice certification (earned doctorate in nursing or related field preferred) and 3 – 5 years of recent experience in undergraduate nursing education. Successful candidates must have or be able to obtain an unrestricted Registered Nurse license in the Commonwealth of Kentucky. Rank and salary are commensurate with education and experience.

Clinical expertise and teaching experience in the specialty for each position are required. See details at: <http://www.berea.edu/people-services/faculty-positions/>

Successful candidates will be committed to full-time faculty work, which includes both didactic and clinical instruction, academic advising and mentoring of students, curriculum development, and active participation in program committees. Please send application letter including a current C.V., transcripts, a statement of teaching philosophy, and three letters of reference to Carol Kirby, Chief Nurse Program Administrator, at kirbyc@berea.edu.

Berea College achieved national distinction as the first coeducational and interracial college in the South. With an emphasis on service to the people of Appalachia and beyond, Berea enrolls 1,600 students from 40 states and 60 countries. As a reflection of its continuing commitment to interracial education, Berea is among the most racially diverse private liberal arts college in the United States. Berea admits only students whose families are unable to afford the high cost of tuition and awards each of them a four-year tuition scholarship. Berea's students excel in the College's supportive but demanding academic environment, and many are the first in their families to graduate from college. The College is one of seven federally recognized Work Colleges, and all students hold a labor position in which they work 10-12 hours per week. Graduates distinguish themselves in a variety of fields, including social service, government, ministry, the arts, business, education, medicine, and science, and many go on to earn graduate degrees.

More information about Berea College is available at www.berea.edu

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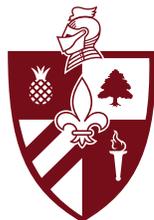
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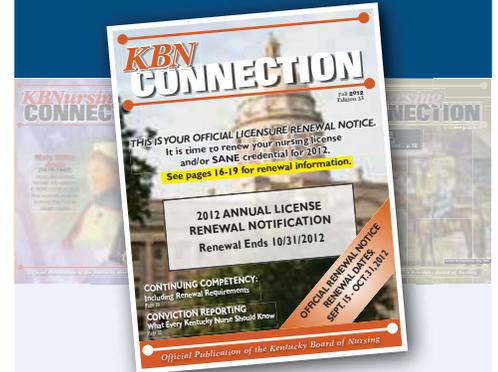


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What is the KARE for Nurses Program?

by **Paula S. Schenk, MPH, RN**, *KARE Program Manager and Compliance Section Supervisor*

The Kentucky Alternative Recovery Effort (KARE) for Nurses is a program developed and offered by the Kentucky Board of Nursing (KBN). The purpose of KARE is to identify and assist nurses whose abilities to provide nursing care are compromised by dependency on drugs or alcohol so that they can return to competent and safe practice. The program recognizes that nurses are individuals who have dedicated their lives to helping others and are now in need of help. KARE's foundation is that substance abuse is treatable and that the recovery and return of competent nursing practice is in the best interest of the nurse and public health. KARE believes that a nurse should not lose a job or license due to substance abuse and offers an opportunity for encouragement, treatment and recovery. The program emphasizes hope and is administered with compassion, confidentiality, concern and dignity for the nurse.

The Disease . . .

Many people believe that nurses are immune from addiction by essence of their intelligence and education. In reality, exposure, easy availability, and familiarity with medications often lead predisposed health professionals to develop chemical dependency. Substance abuse is one of the major factors threatening safe nursing practice. Chemical dependency is a chronic, progressive illness characterized by the use of chemicals in spite of adverse consequences. This compulsive-use cycle may have periods where use is controlled, but it is normally followed by at least one episode of out-of-control use causing adverse consequences in one's life. Not recognizing or dealing with chemical dependency will exacerbate the problem. Often we are too engrossed in our own problems to be objective, and our individual efforts result in more stress that increases the severity of the situation. Left untreated, chemical dependency will not only risk your life, but the life and safety of patients.

There is a place to turn for help . . .

Nurses often buy into the myth that they should be able to handle their chemical dependency because they are health care providers. What may seem a tremendous burden to one person can become a lighter load when shared with someone else. The first step is to admit there is a problem. It isn't easy to admit to another person that we are having trouble handling our problems alone. It is a subject that we avoid discussing or confronting. Yet once we reach that first step, we can begin the process of regaining our life.

Services . . .

KARE develops individualized Program Agreements based upon the unique circumstances of the nurse. Monitoring can be facilitated in many ways, some of which are listed here:

- Assisting with identification, assessment and referral to approved treatment providers.
- Monitoring participants' compliance during recovery and continued nursing practice.
- Providing education to nurses, employers and other groups about KARE.
- Providing encouragement and support to help ensure the participants are able to practice nursing in accordance with acceptable and prevailing standards of safe nursing care.

Eligibility . . .

A nurse may access KARE by self-referral, board referral, or referral from another person or agency, such as an employer, coworker or family member. Admission to KARE is available to individuals who, at the time of application, meet the requirements listed below:

- RN or LPN, licensed in Kentucky or an applicant for a credential issued by the KBN;
- Request participation in the program regardless of whether referred by the board, self, or another person;
- Admit in writing to being a chemically dependent individual;
- Have not been terminated from a similar program in this or any other state for noncompliance;
- Have attended an approved treatment provider;
- Obtain a chemical dependency assessment, which includes a complete physical and psychosocial evaluation performed by a licensed or certified medical or psychological specialist in the field of drug, alcohol, or other chemical dependency;
- Agree to the terms set forth in the agreement; and
- Agree not to be employed in any capacity in a patient care setting or one that requires licensure until approved to do so by the program staff.

Questions? KARE compliance forms are located on the KBN website (www.kbn.ky.gov/kare.htm). To obtain further information or to make a confidential referral, call 800-305-2042 and speak with Paula Schenk, KARE Program Manager (Ext. 3328 or PaulaS.Schenk@ky.gov), or Jill Cambron, KARE coordinator (Ext. 3313 or JillM.Cambron@ky.gov).

Substance Use Disorder (Addiction)

“It Will Never Happen To Me”

“I WILL NEVER BE AN ADDICT and/ or “that will never happen to me.” I can’t tell you how many times I have heard those words after teaching a class on chemical dependency, or when working with a nurse that has a substance use disorder (SUD). No nurse sets out in their career thinking they will ever be addicted to drugs, alcohol, be reported to the Board of Nursing for medications discrepancies, be impaired at work, and or steal medications from their place of employment.

Addiction or chemical dependency is now referred to as Substance Use Disorder (SUD). In order to understand the disease of SUD and why nurses are so susceptible to addiction or SUD, we need to define the disease of SUD and how it progresses.

DEFINING ADDICTION (NOW REFERRED TO AS SUBSTANCE USE DISORDER):

Substance use disorder is a chronic, progressive, and, if untreated, a fatal brain disease that is characterized by compulsive drug craving, seeking and use despite harmful consequences

(NIDA 2008).

It is also a developmental disease that usually starts in adolescence or even childhood. The human brain is more vulnerable during early developmental stages, and the use of mind altering chemicals interferes with the normal development of brain function as well as other sensitive neurological systems.

SUDs may develop when an individual’s brain comes in contact with an addicting substance such as alcohol or other drugs. When the brain’s reward system or pleasure centers are stimulated, the brain sends out powerful signals to repeat the pleasure producing behaviors. Repeated use of mind altering substances affects the functions in the brain, and cause an intense drive in the brain to relieve pain, stress, and produce more of the pleasure feeling, also called “craving.” As long as the behavior or substance produces a “right now” pleasure, it is repeated regardless of the long-term negative effects. Addictive drugs also harm other parts of the body, most often the lungs, heart and liver. The use of addictive drugs may lead to infectious diseases from bronchitis to AIDS. The

values, behaviors and relationships of people with a SUD are also harmed by the addict’s increasing need for the destructive behavior and consequences. Using substances despite the negative behavioral, emotional, physical and spiritual consequences is an addiction or SUD.

There are generally five stages of addiction. Stage one (1) is the Contact stage which is the first use of the substance and the first time the user experiences the reward. Stage (2) is Experimental Use which is the occasional use of the substance to feel good and decrease the pain or stress. Stage three (3) is the Excessive Use or the Preoccupation stage that is characterized by a craving which is an intense and overwhelming feeling to obtain the substance. Stage four (4) is Addiction or SUD, in which the user continues to use despite negative consequences. Stage five (5) is Recovery, which is the restoring of the mind, spirit, and body to health and equilibrium. (SAMHSA, 1999)

The disease of SUD is not an issue of willpower. If willpower was the answer, many addicts would be fine. They

have sworn the off drugs or alcohol a thousand times and failed. They start off each day with a promise to themselves and family they will not use today. As the day progresses, so does the craving for the substance and the disease tells the addict "I can have just one" pill or drink. Once an addict or alcoholic has "one" drink or substance it is over. One is too many and a thousand is never enough.

INCIDENCE OF SUBSTANCE USE DISORDER IN NURSES

In the healthcare professions, it is estimated that between 10% to 18 % of doctors, nurses and pharmacists are addicted to drugs, alcohol or both. Based upon those estimates and given there are approximately 72,500 nurses licensed in Kentucky, it is possible that 7,250 - 13,000 nurses in Kentucky may be diagnosed with a SUD. The high-risk areas for SUD are found in the nurse working in the

Emergency Department (ED), Surgery (OR), Intensive Care Units (ICU), and Nurse Anesthesia Practice. Nurses are more likely to use benzodiazepines and opioids and will originally start taking the substance by mouth and can quickly change to IM or IV use.

WHY NURSES ARE AT RISK FOR CHEMICAL DEPENDENCY

Nurses at risk for SUD tend to have certain traits in common. They tend to have a strong need to care for others and to measure their self-worth by how much they are tending to others' needs, instead of their own.

Seventy percent (70%) of nurses with SUD report they have a family history of drug or alcohol problems. They graduate in the upper third of their class, and are described as ambitious, high achievers, and have outstanding job performance. They successfully internalize all the stresses of the day, work overtime and do not leave until the job is done and done perfectly. These are all characteristics of excellent caregivers that lead to burnout, insomnia, decreased self-esteem, self pity, and feelings of powerlessness.

Nurses possess an extensive knowledge base of medications and their uses. We learned in nursing school that there is a treatment or medication for whatever pain, infection, or disease stresses the body. We witness the relief on patients' faces when a medication kicks in, and we know how to administer the dose in a safe manner. Nurses have access to many controlled substances in their day-to-day work. Nurses believe that our knowledge is enough to prevent us from becoming addicted.

Typically the first drug or substance use is in nursing school, or after years of legitimate self-medication for physical or psychological pain. Nurses that have a SUD continue to use substances because of the pain in their lives. As the disease progresses, the nurse will tend to use their substance of choice "in private" due to the fear of anyone finding out about their disease.

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her family healthcare provider. At first, she took the pain medication as directed, then started taking more than prescribed and taking it more often until her prescription ran out early. She then started shopping around for more doctors and pain clinics to give her pain medication. She tried to quit on her own many times, only to start back the next day.

One of Nurse X's parents passed away and she went to fill the prescription pain medication after this parent's death. She was arrested at the pharmacy and charged with misdemeanors for the possession of a controlled substance

She called the Board of Nursing to self-report her SUD and requested to be in the KARE for Nurses Program. She had a chemical dependency evaluation and was diagnosed with SUD. She entered into an Intensive Chemical Dependency Outpatient Treatment Program (IOP), started attending 12 Step (AA and NA) meetings daily, obtained a 12 Step sponsor, and began her journey of recovery. Nurse X was very compliant and completed the KARE for Nurses Program in five years. She worked in various nursing positions, continued school, and completed contact hours in her specialty area of nursing practice.

Typically the first drug or substance use is in nursing school, or after years of legitimate self medication for physical or psychological pain.

They will tend to avoid "street" drugs, but may tamper with medications on the unit or abuse substances legally obtained from a doctor's prescription. They tend to place a high value on their nursing license, and work, and will often protect their nursing license and career to the exclusion of all other areas of their lives. They are incapable of accepting responsibility for their actions and will blame others. They do not possess healthy coping skills, and make poor irrational decisions.

Let's review one nurse's experience through Substance Use Disorder and her journey through recovery. What characteristics of Substance Use Disorder and role as a nurse can you identify in Nurse X?

ONE NURSE'S STORY

Nurse X's father was an active alcoholic, and she grew up in an abusive environment. Her mother was codependent and critical of her. She started drinking alcohol and smoking marijuana in high school and continued all through college until the birth of her first child. She took any drug that was offered to her from her friends. She wanted to escape her home and the reality of her world and abuse.

Nurse X injured her back and was prescribed Hydrocodone for pain by

her family healthcare provider. At first, she took the pain medication as directed, then started taking more than prescribed and taking it more often until her prescription ran out early. She then started shopping around for more doctors and pain clinics to give her pain medication. She tried to quit on her own many times, only to start back the next day. One of Nurse X's parents passed away and she went to fill the prescription pain medication after this parent's death. She was arrested at the pharmacy and charged with misdemeanors for the possession of a controlled substance

1st offense and possession of a forged prescription for legend drug. She was reported to the Board of Nursing and placed under investigation. Nurse X had a negative chemical dependency evaluation and received a Reprimand for one year, that included a \$500.00 civil penalty, and she had to complete 30 contact hours on Chemical Dependency. She was compliant with all of the provisions of the Agreed Order and the disciplinary action was cleared. Later, while working in a busy Emergency Department, it was discovered that Nurse X had numerous documentation and medication (controlled substances) discrepancies, as well as having stolen numerous prescription pads and forging prescriptions. She admitted to all the allegations and was immediately terminated from employment. She was arrested the next day and charged with four felonies: obtaining prescription medication pads illegally and three counts of forging prescriptions for a controlled substance.

She teaches other nurses today in her specialty area and has a leadership role in her nursing position.

Nurse X will tell you that recovery and the KARE for Nurses Program are a gift to her. She has grown to be the woman, nurse, mother, wife and friend she always wanted to be in her life. She feels joy, peace and serenity and knows how to cope with life without using drugs or alcohol. She is truly thankful and grateful to have been given a second chance with her career, family and life.

Nurse X would also tell you that if you have a problem with SUD, admitting you have a problem and asking for help is the first step in getting well and beginning your journey in recovery. Ask your family, friends, and employer for help and support. Call the Board of Nursing, report your disease, and ask to be considered for admission to the KARE for Nurse Program.

For Information about the KARE for Nurses Program turn to page 22 or visit the KBN website (www.kbn.ky.gov).



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DISCIPLINARY Actions

Since the publication of the Fall edition of the KBN Connection, the Board has taken the following actions related to disciplinary matters as authorized by the Kentucky Nursing Laws. A report that contains a more extensive list of disciplinary actions is available on the KBN website (<http://kbn.ky.gov/conprotect/investdiscp/disciplinary.htm>). If you need additional information, contact KBN's Consumer Protection Branch at 502-429-3300.

IMMEDIATE TEMPORARY SUSPENSION OF LICENSE/CREDENTIAL

Delk, Antonia D.	RN License #1119137	Perryville, KY	Eff..... 12/6/2012
Helsel, Camille Rene Wellman	RN License #1087509; APRN License #3003139	Delbarton, WV	Eff..... 11/19/2012
Mayhugh, Carolyn Sue	RN License #1113184	Tiline, KY	Eff..... 10/16/2012
Randolph, Linda S. Willis	RN License #1064345; LPN License #2020615	Greenville, KY	Eff..... 12/6/2012
Whiles, Crystal Reynolds	RN License #1123819	Science Hill, KY	Eff..... 12/14/2012

LICENSE/CREDENTIAL IMMEDIATELY SUSPENDED OR DENIED REINSTATEMENT FOR FAILURE TO COMPLY WITH BOARD ORDER; STAYED SUSPENSION IMPLEMENTED OR TERMINATION FROM THE KARE PROGRAM

Chapman, Anne Locke	RN License #1072404	Henderson, KY	Eff..... 12/20/2012
Gaston, Kristina Lynn Sheperton	RN License#1091436	Grassy Creek, KY	Eff..... 10/12/2012
Holder, Jessica Rachel	LPN Applicant/Endorsement	Bowling Green, KY	Eff..... 12/20/2012
Straub, Cara D. Withers	LPN License #2030539	LaGrange, KY	Eff..... 10/25/2012
Whitmer, Robin E. Coke	RN License #1093428	LaGrange, KY	Eff..... 10/25/2012

LICENSE/CREDENTIAL VOLUNTARILY SURRENDERED

Aldred, Craig	LPN License #2045891	Union, KY	Eff..... 11/28/2012
Bratcher, Nancy Margrette	RN License #1077711	Bowling Green, KY	Eff..... 11/28/2012

LICENSE/CREDENTIAL PLACED ON LIMITATION/PROBATION

Meredith, Alicia Ann Hixon	LPN License #2034969	Morgantown, KY	Eff..... 11/19/2012
Ramsey, Todd Austin	LPN License #2046403	Louisville, KY	Eff..... 12/20/2012

LICENSE/CREDENTIAL TO BE REINSTATED ON LIMITATION/PROBATION

Carrington, Doris Clark	RN License #1062761	Winchester, KY	Eff..... 10/12/2012
Elswick, Thomas	RN License #1101624	Burdine, KY	Eff..... 10/12/2012
Gomez, Misty Renee White	RN License #1099921; LPN License #2035337	New Albany, IN	Eff..... 12/7/2012
McFarlane, Tracy O'Neal Smith	LPN License #2034680	Louisville, KY	Eff..... 10/12/2012
Meese, Gwendolyn Marie Linton	LPN License #2035548	Covington, KY	Eff..... 10/12/2012
Partin, Lori Lee Mills	RN License #1101396	Flatlick, KY	Eff..... 12/07/2012

LICENSE/CREDENTIAL REPRIMANDED

Boada, Dora Elizabeth Burnett	LPN License #2039963	Louisville, KY	Eff..... 11/28/2012
Books, Tammy Yvonne Stacy	RN License #1094075; APRN License #3006188; LPN License #2029274	Hazard, KY	Eff..... 12/3/2012
Carter, Denise J. Kays	RN License #1055628	New Albany, IN	Eff..... 12/6/2012
Gillock, Tammy S. Edwards	RN License #1102864	Stanford, KY	Eff..... 11/28/2012
Gingerich, Kimberly Ann Wedding	RN License #1101064	Elizabethtown, KY	Eff..... 12/6/2012
King, Renee D. Sowell	LPN License #2019308	Louisville, KY	Eff..... 11/19/2012
Lopena, Meliza Castillo	RN License #1104451	Louisville, KY	Eff..... 11/19/2012
Murphy, Elizabeth Lacefield	RN License #1039425	Lawrenceburg, KY	Eff..... 11/28/2012
Ohler, Nikki Renee	RN License #1104307	Frankfort, KY	Eff..... 10/25/2012
Rassiga, Susan Lynn Reed	RN License #1048625	Louisville, KY	Eff..... 12/20/2012
Ward, Albert Franklin	RN License #1083212; APRN License #3003462	Owensboro, KY	Eff..... 10/25/2012

LICENSE/CREDENTIAL CLEARED

Bray, Christie Dawn	RN License #1091373	Lexington, KY	Eff..... 9/20/2012
Girard, Glenda Gail Rigdon	RN License #1085022	Munfordville, KY	Eff..... 11/30/2012
Goldsmith, Jacqueline Sturdivant	LPN License #2030005	Louisville, KY	Eff..... 5/25/2012
Smith, Jessica J. Embery	LPN License #2038776	Central City, KY	Eff..... 12/11/2012
Sturgis, Quantrina L. Brown	LPN License #2027666	Louisville, KY	Eff..... 9/10/2012

CONSENT DECREES ENTERED FISCAL YEAR TO DATE

Imposition of civil penalty for practice without a current active license or temporary work permit	6
Imposition of civil penalty for falsification of an application for licensure	29
Imposition of civil penalty for failure to meet mandatory continuing education requirement	18
Imposition of civil penalty for a positive drug screen	17
Imposition of civil penalty for a practice issue	1

LICENSES REMOVED FROM PROBATION FISCAL YEAR TO DATE

2

KENTUCKY ALTERNATIVE RECOVERY EFFORT (KARE) PROGRAM GRADUATES FISCAL YEAR TO DATE

18

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HIGHLIGHTS OF BOARD ACTIONS

October 11 & 12, 2012

Summary available on KBN website (kbn.ky.gov/board)

PRESIDENT'S REPORT

President Sally Baxter deferred her report to Nathan Goldman, Acting Executive Director, as he was reporting updates on her topics of discussion.

FINANCIAL OFFICER'S REPORT

- Accepted as written.
- The Fiscal Year Ending Report for June 30, 2012 was included in the Board Members folders.

EXECUTIVE DIRECTOR'S REPORT

- **IT CONSOLIDATION**
The Governor's office announced September 25 that IT Infrastructure will be consolidated under Commonwealth Office of Technology (COT) beginning November 1. We are in contact with COT and the Personnel Cabinet to assess the impact this will have on the Board.
- **RENEWAL STATISTICS**
The renewal statistics through 10:00 a.m. on Thursday, October 11, 2012 were:
LPN 4,012
RN 23,231
APRN/RN 2,381
APRN 144
SANE 89
- **IMPLEMENTATION OF HB1** KBN has been asked by the Governor's office to defer the HB 1 regulations.

EDUCATION COMMITTEE SITE VISIT REPORTS

Berea College, Baccalaureate Nursing Program, Berea -- Site Visit for Low NCLEX Pass Rate

- Accepted the focused visit report to the Baccalaureate Nursing Program at Berea College, Berea due to the second consecutive year of less than an 85 percent pass rate.
- Directed the approval status of the Baccalaureate Nursing Program at Berea College, Berea remain Conditional pending the 2012 NCLEX results.

Big Sandy Community and Technical College, Associate Degree Program, Prestonsburg -- Site Visit for Low NCLEX Pass Rate

- Accepted the focused visit report to the Associate Degree program at Big Sandy Community and Technical College, Prestonsburg due to the second consecutive year of less than an 85 percent pass rate.
- Directed that the Associate Degree program at Big Sandy Community and Technical College, Prestonsburg remain on Conditional approval pending the 2012 NCLEX results.

Brown Mackie College-Northern Kentucky, Practical Nursing Program, Ft. Mitchell -- Focused Site Visit as Requested by the Board

- Accepted the July 18-19, 2012 Focused Site Visit Report of the Practical Nursing Program of Brown Mackie College-Northern KY, Ft. Mitchell.
- Approved the "Requirements to be Met" as stated in the July 18-19, 2012 report of the Practical Nursing Program of Brown Mackie College-Northern KY, Ft. Mitchell.
- Directed the program administrator to provide a copy of this report to all faculty members.
- Directed the program to submit a response within four weeks of the October 11-12, 2012 Board meeting, to include a timeline for the correction of each "Requirement to be Met" identified in this report. The plan shall be signed by all full-time faculty members. (Submission Date: November 9, 2012)
- Directed the program to submit evidence that all requirements are met within six months with a final report as to the final resolution of each identified requirement submitted no later than April 9, 2013. In addition to the program administrator, the final plan shall be signed by all full-time faculty members.
- Directed that should the program's April 9, 2013 response to this site visit not provide satisfactory response to all requirements, the Program Administrator and the College President shall appear before the Board to provide justification as to non-adherence to

requirements.

- Directed that should the program meet the requirements at a time earlier than set out by the Board, the program has the right to present this evidence to the Board that the deficiencies have been corrected and petition a change in approval status
- Directed that the status of the Practical Nursing Program, Brown Mackie College-Northern KY, Ft. Mitchell move from Conditional to Full approval pending receipt of requested actions. The approval status of the program is subject to change should the program not adhere to established reporting deadlines or there is evidence that the program has not adhered to Kentucky regulations to the satisfaction of the Board.

Beckfield College, Practical Nursing Program, Florence -- Focused Site Visit as Requested by the Board

- Accepted the July 17, 2012 focused site visit report for the Practical Nursing Program of Beckfield College, Florence.
- Directed that as the Practical Nursing Program of Beckfield College, Florence has provided evidence of the satisfactory completion of requirements or has shown substantial progression toward meeting all requirements, at this time no further follow-up is required.
- Directed the approval status for the Practical Nursing program at Beckfield College, Florence be moved from Conditional to Full.

RESPONSE TO REPORTS

Spencerian College, Associate Degree Nursing Program, Louisville -- Response to Low Pass Rate and Site Visit

- Accepted the initial report from the Associate Degree Registered Nursing Program of Spencerian College, Louisville.
- Directed that the final report providing evidence of the resolution of each recommendation be submitted by October 1, 2012 provide data and evidence of plans being implemented along with outcomes.

HIGHLIGHTS OF BOARD ACTIONS

Bluegrass Community & Technical College, Practical Nursing Program, Danville -- Response to Eight-Year Site Visit for Continued Approval

- Accepted the initial response from the Practical Nursing program of Bluegrass Community & Technical College, Danville.
- Directed that the final report providing evidence of the resolution of each recommendation be adjusted to March 1, 2013 to allow the program the time necessary to put all components into place.

Jefferson Community & Technical College, Practical Nursing Program, Louisville, Carrollton & Shelbyville -- Response to Eight-Year Site Visit for Continued Approval

Sonia Rudolph recused herself from discussion and voting.

- Accepted the initial report from the Practical Nursing program of Jefferson Community and Technical College, Louisville/Carrollton/Shelbyville.
- Directed that the final report providing evidence of the resolution of the remaining recommendation be submitted by December 12, 2012.

Hopkinsville Community College, Practical Nursing Program, Hopkinsville -- Response to Eight-Year Site Visit for Continued Approval

- Accepted the initial report from the Practical Nursing Program of Hopkinsville Community College, Hopkinsville.
- Approved that the July 16, 2012 report submitted from Practical Nursing Program of Hopkinsville Community College, Hopkinsville provides evidence of the satisfactory completion of all requirements as noted in the site visit report of March 19 & 20, 2012, and as the Practical Nursing Program of Hopkinsville Community College, Hopkinsville has supplied all requested information and the requirements have been met, at this time no further follow-up is required.
- Directed the approval status of Practical Nursing Program of Hopkinsville Community College,

Hopkinsville remain Full. The approval status of the program is subject to change should the program not adhere to established reporting deadlines or there is evidence that the program has not adhered to Kentucky regulations to the satisfaction of the Board.

NEW PROGRAM APPLICATIONS/ PROPOSALS

ITT Technical College, Associate Degree Program, Lexington -- Letter of Intent - Additional Requested Materials

- Motion was made and seconded that this recommendation be returned to the Education Committee for consideration of the need for the level of nurses in the area to be served and availability of clinical sites.

Lincoln College of Technology, Associate Degree Program, Florence -- Proposal – Submission of Additional Requested Materials

- Motion was made and seconded that this recommendation be returned to the Education Committee for consideration of the need for the level of nurses in the area to be served and availability of clinical sites.

OTHER BUSINESS

- Directed 201 KAR 20:200, Definitions for mandatory continuing education be repealed.
- Directed that regulation 201 KAR 20:220, Nursing continuing education provider approval, and
- 201 KAR 20:380, Standards for refresher course approval be merged into one regulation.
- Directed that the Education Committee review current administrative regulations to review and clarify criteria for needs assessment for new nursing programs and bring forth revisions as needed.
- KBN and KNCC are joining together to present a conference on November 30, 2012. The subject is bridging education, practice and regulations. This will be a 'world café' format.

PRACTICE COMMITTEE

- Directed that Advisory Opinion Statement #15, "Roles of

Nurses in the Supervision and Delegation of Nursing Acts to Unlicensed Personnel" shall remain unchanged.

CONSUMER PROTECTION COMMITTEE

- Approved the revision of the Kentucky Alternative Recovery Effort (KARE) for Nurses Program Policy for Re-entry to Work for APRN's designated as Nurses Anesthetists.
- Approved the revisions to the Guidelines for Consent Decrees.
- Approved the revisions to the Guidelines for Disciplinary Action for Licensed Nurses and/or Applicants.
- Approved the revisions to the Guidelines for Disciplinary Action for Dialysis Technicians and/or applicants.

ADVANCED PRACTICE REGISTERED NURSE COUNCIL

- No Report

DIALYSIS TECHNICIAN ADVISORY COUNCIL

- No report.

KBN CONNECTION EDITORIAL PANEL

- No report

CREDENTIALS REVIEW PANEL

- No recommendations.

GOVERNANCE PANEL

- No recommendations.

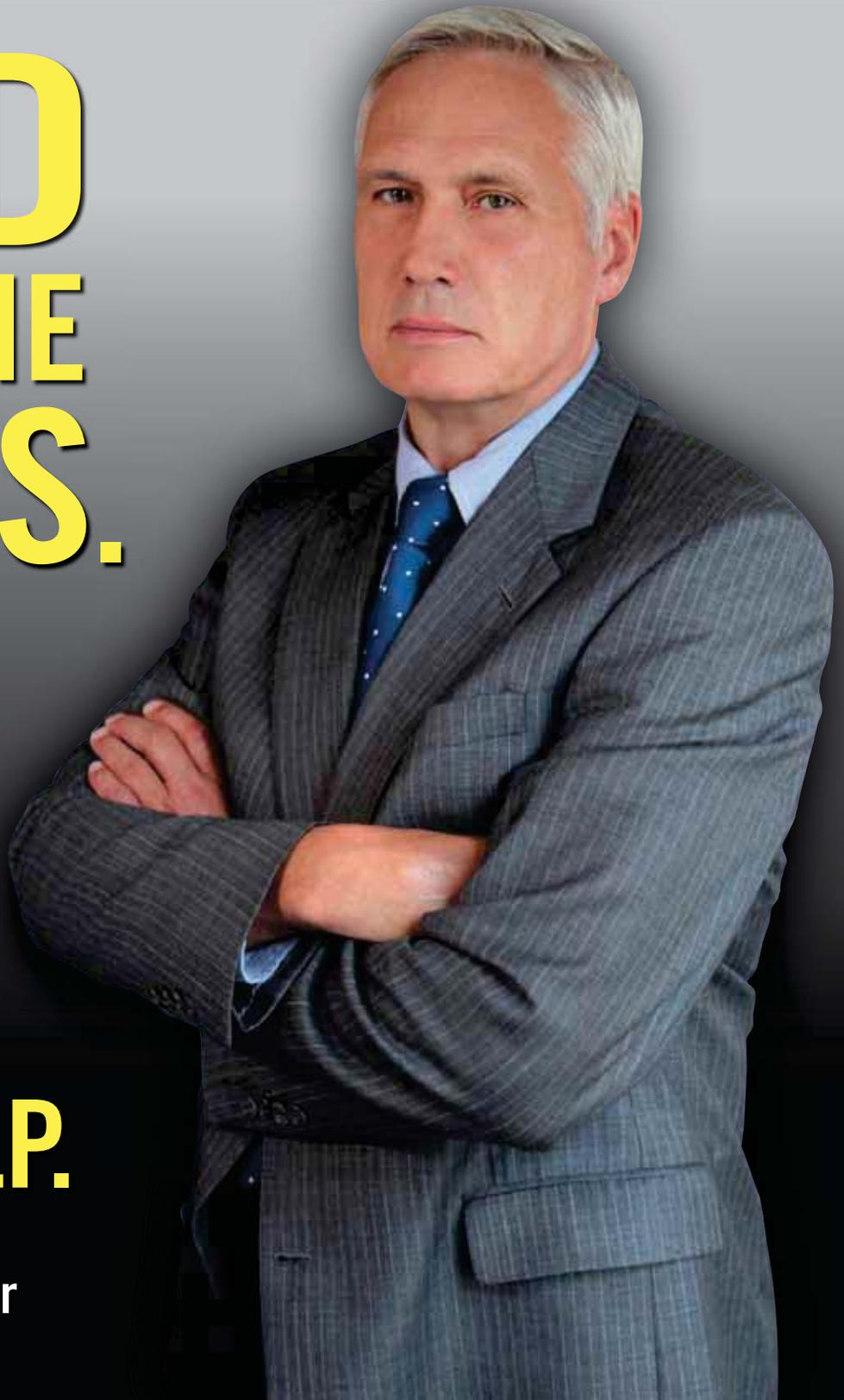
CONTROLLED SUBSTANCES FORMULARY DEVELOPMENT COMMITTEE

- No Report

DISCIPLINARY ACTION

Approved four (4) Proposed Decisions, as written, and received reports on the approval of eight (8) Agreed Orders, thirteen (13) Consent Decrees, and one (1) Removal of Licenses from Probation.

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