

answer, many addicts would be fine. They have sworn the off drugs or alcohol a thousand times and failed. They start off each day with a promise to themselves and family they will not use today. As the day progresses, so does the craving for the substance and the disease tells the addict "I can have just one" pill or drink. Once an addict or alcoholic has "one" drink or substance it is over. One is too many and a thousand is never enough.

INCIDENCE OF SUBSTANCE USE DISORDER IN NURSES

In the healthcare professions, it is estimated that between 10% to 18 % of doctors, nurses and pharmacists are addicted to drugs, alcohol or both. Based upon those estimates and given there are approximately 72,500 nurses licensed in Kentucky, it is possible that 7,250 - 13,000 nurses in Kentucky may be diagnosed with a SUD. The high-risk areas for SUD are found in the nurse working in the Emergency Department (ED), Surgery (OR), Intensive Care Units (ICU), and Nurse Anesthesia Practice. Nurses are more likely to use benzodiazepines and opioids and will originally start taking the substance by mouth and can quickly change to IM or IV use.

WHY NURSES ARE AT RISK FOR CHEMICAL DEPENDENCY

Nurses at risk for SUD tend to have certain traits in common. They tend to have a strong need to care for others and to measure their self-worth by how much they are tending to others' needs, instead of their own.

Seventy percent (70%) of nurses with SUD report they have a family history of drug or alcohol problems.

They graduate in the upper third of their class, and are described as ambitious, high achievers, and have outstanding job performance. They successfully internalize all the stresses of the day, work overtime and do not

leave until the job is done and done perfectly. These are all characteristics of excellent caregivers that lead to burnout, insomnia, decreased self-esteem, self pity, and feelings of

Continued on page 18 >>

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powerlessness.

Nurses possess an extensive knowledge base of medications and their uses. We learned in nursing school that there is a treatment or medication for whatever pain, infection, or disease stresses the body. We witness the relief on patients' faces when a medication kicks in, and we know how to administer the dose in

a safe manner. Nurses have access to many controlled substances in their day-to-day work. Nurses believe that our knowledge is enough to prevent us from becoming addicted.

Typically the first drug or substance use is in nursing school, or after years of legitimate self-medication for physical or psychological pain. Nurses that have a SUD continue

to use substances because of the pain in their lives. As the disease progresses, the nurse will tend to use their substance of choice "in private" due to the fear of anyone finding out about their disease. They will tend to avoid "street" drugs, but may tamper with medications on the unit or abuse substances legally obtained from a doctor's prescription. They tend to place a high value on their nursing license, and work, and will often protect their nursing license and career to the exclusion of all other areas of their lives. They are incapable of accepting responsibility for their actions and will blame others. They do not possess healthy coping skills, and make poor irrational decisions.

Let's review one nurse's experience through Substance Use Disorder and her journey through recovery. What characteristics of Substance Use Disorder and role as a nurse can you identify in Nurse X?

ONE NURSE'S STORY

Nurse X's father was an active alcoholic, and she grew up in an abusive environment. Her mother was codependent and critical of her. She started drinking alcohol and smoking marijuana in high school and continued all through college until the birth of her first child. She took any drug that was offered to her from her friends. She wanted to escape her home and the reality of her world and abuse.

Nurse X injured her back and was prescribed Hydrocodone for pain by her family healthcare provider. At first, she took the pain medication as directed, then started taking more than prescribed and taking it more often until her prescription ran out early. She then started shopping around for more doctors and pain clinics to give her pain medication. She tried to quit on her own many times, only to start

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back the next day.

One of Nurse X's parents passed away and she went to fill the prescription pain medication after this parent's death. She was arrested at the pharmacy and charged with misdemeanors for the possession of a controlled substance 1st offense and possession of a forged prescription for legend drug. She was reported to the Board of Nursing and placed under investigation. Nurse X had a negative chemical dependency evaluation and received a Reprimand for one year, that included a \$500.00 civil penalty, and she had to complete 30 contact hours on Chemical Dependency. She was compliant with all of the provisions of the Agreed Order and the disciplinary action was cleared.

Later, while working in a busy Emergency Department, it was discovered that Nurse X had numerous documentation and medication (controlled substances) discrepancies, as well as having stolen numerous prescription pads and forging prescriptions. She admitted to all the allegations and was immediately terminated from employment. She was arrested the next day and charged with four felonies: obtaining prescription medication pads illegally and three counts of forging prescriptions for a

controlled substance.

She called the Board of Nursing to self-report her SUD and requested to be in the KARE for Nurses Program. She had a chemical dependency evaluation and was diagnosed with SUD. She entered into an Intensive Chemical Dependency Outpatient

Treatment Program (IOP), started attending 12 Step (AA and NA) meetings daily, obtained a 12 Step sponsor, and began her journey of recovery. Nurse X was very compliant and completed the KARE for Nurses Program in five years. She worked in various nursing positions, continued school, and completed contact hours in her specialty area of nursing practice. She teaches other nurses today in her specialty area and has a leadership role in her nursing position.

Nurse X will tell you that recovery and the KARE for Nurses Program are a gift to her. She has grown to be

the woman, nurse, mother, wife and friend she always wanted to be in her life. She feels joy, peace and serenity and knows how to cope with life without using drugs or alcohol. She is truly thankful and grateful to have been given a second chance with her career, family and life.

Typically the first drug or substance use is in nursing school, or after years of legitimate self medication for physical or psychological pain.

Nurse X would also tell you that if you have a problem with SUD, admitting you have a problem and asking for help is the first step in getting well and beginning your journey in recovery. Ask your family, friends, and employer for help and support. Call the Board of Nursing, report your disease, and ask to be considered for admission to the KARE for Nurse Program.

For Information about the KARE for Nurses Program turn to page 22 or visit the KBN website (www.kbn.ky.gov).

Sexual Assault Nurse Examiner (SANE) Training Dates

by **Joyce A. Bonick, JD, RN**, *Licensure and Nurse Aide Registry Manager*

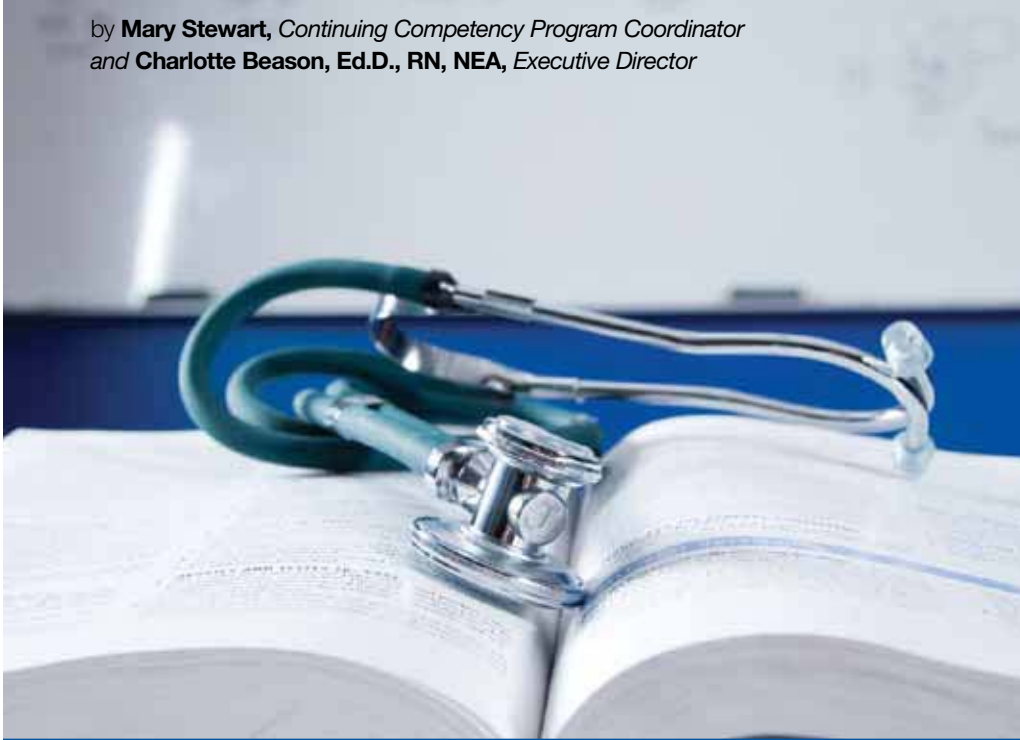
- **Owensboro - March 12-16, 2012**
- **Elizabethtown - April 30-May 4, 2012**
- **Crestview Hills - August 6-10, 2012**

A registration brochure and additional information is available at the Kentucky Association of Sexual Assault Programs website (www.kasap.org). You may also contact Emily Tamas, Program Coordinator (etamas@kasap.org or 502-226-2704). Registration is limited, so apply early.



CONTINUING COMPETENCY CORNER

by **Mary Stewart**, *Continuing Competency Program Coordinator*
and **Charlotte Beason, Ed.D., RN, NEA**, *Executive Director*



The 2011 renewal period for RNs, LPNs, SANEs and APRNs concluded on Oct. 31, 2011. Each year, the earning period begins anew on Nov. 1 and concludes on Oct. 31. In the next few months, the Kentucky Board of Nursing (KBN) will begin to conduct the Continuing Competency audit for the licensure earning period of Nov. 1, 2010 – Oct. 31, 2011. Nurses receiving audit letters are chosen by random selection from all active licensees during the defined earning period. There are no set criteria for inclusion in the audit, such as the number of years in practice; everyone has an equal chance of selection.

There are multiple ways that a nurse can demonstrate competency beyond completing continuing education courses. KBN routinely publishes Continuing Competency requirements in the KBN Connection, and the requirements are also listed on the KBN website (www.kbn.ky.gov/ce). The CE Brochure (www.kbn.ky.gov/ce/ceformspubs) lists all the options for demonstrating competency. Licensees that are audited and are not in compliance with competency requirements are referred to the

Investigation and Discipline Section of the Consumer Protection Branch for initiation of disciplinary action.

CE EXEMPTION FOR NEW LICENSEES ELIMINATED

The CE exemption for new licensees at the time of their first renewal has been eliminated. In 2012, first-time renewing nurses that are employed must earn seven (7) approved CE contact hours and have either an employment evaluation or documentation from the employer(s) showing proof of orientation. First-time renewing nurses that are not employed are required to earn fourteen (14) approved CE contact hours.

This elimination of the CE exemption took effect in 2011 and will affect nurses renewing their licenses for the first time in the Sep. 15 – Oct. 31, 2012 renewal period.

HIV/AIDS CE DEADLINES

All nurses are required to earn at least two (2) approved contact hours of HIV/AIDS continuing education within a specific ten-year period. For RNs, that ten-year period will end October 31,

2012. RNs must earn the required two (2) contact hours within the earning period of Nov. 1, 2002 through October 31, 2012.

LPNs are now in their second ten-year earning period of Nov. 1, 2011 through Oct. 31, 2021.

The HIV/AIDS continuing education hours count toward the required CE for the renewal period in which they were earned.

A list of national nursing organizations recognized by KBN for continuing education can be found on the KBN website (www.kbn.ky.gov/ce/natlorgs.htm).

Documentation of meeting this requirement must be retained for at least twelve (12) years. It is not necessary to submit CE certificates to KBN unless requested to do so through the CE audit.

PEDIATRIC ABUSIVE HEAD TRAUMA (“SHAKEN BABY SYNDROME”) CE

During the 2010 General Assembly, a bill was introduced in the House that requires that all licensed nurses complete a 1.5 contact hour class on pediatric abusive head trauma, also known as “shaken baby syndrome.” This course will be required of all nurses licensed as of July 15, 2010. Nurses licensed in Kentucky as of July 15, 2010 will have until Dec. 31, 2013 to successfully complete the course. Nurses licensed after July 15, 2010 must complete the course within three (3) years of initial licensure within Kentucky. The course can be offered by any KBN-approved CE provider.

For more information, please contact Mary Stewart, Continuing Competency Program Coordinator (502-429-7191 or MaryD.Stewart@ky.gov).

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Patient Safety (2008, 2010, 2011). A national study ranked us among the top 5% of nearly 5,000 hospitals nationwide in patient safety. We're one of only three hospitals in Kentucky, and the only one in Central Kentucky, to receive this recognition in 2011.



Kentucky Hospital Association Quality Award (2009, 2011). We were the only 100-to-250-bed-size hospital honored for leadership and innovation in

quality, safety, and commitment in patient care.



Best Places to Work (2007-2011). We were selected as one of the best places to work among large-sized companies in Kentucky.



Alfred P. Sloan Award for Business Excellence in Workplace Flexibility (2009-2011). The hospital was recognized for using flexibility as part of an effective workplace strategy to

achieve business goals and benefit employees by helping them meet their responsibilities on and off the job.



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What is the KARE for Nurses Program?

by **Patricia Smith, RN**, KARE Program Manager and Compliance Section Supervisor

The Kentucky Alternative Recovery Effort (KARE) for Nurses is a program developed and offered by the Kentucky Board of Nursing (KBN). The purpose of KARE is to identify and assist nurses whose abilities to provide nursing care are compromised by dependency on drugs or alcohol so that they can return to competent and safe practice. The program recognizes that nurses are individuals who have dedicated their lives to helping others and are now in need of help. KARE's foundation is that substance abuse is treatable and that the recovery and return of competent nursing practice is in the best interest of the nurse and public health. KARE believes that a nurse should not lose a job or license due to substance abuse and offers an opportunity for encouragement, treatment and recovery. The program emphasizes hope and is administered with compassion, confidentiality, concern and dignity for the nurse.

The Disease . . .

Many people believe that nurses are immune from addiction by essence of their intelligence and education. In reality, exposure, easy availability, and familiarity with medications often lead predisposed health professionals to develop chemical dependency. Substance abuse is one of the major factors threatening safe nursing practice. Chemical dependency is a chronic, progressive illness characterized by the use of chemicals in spite of adverse consequences. This compulsive-use cycle may have periods where use is controlled, but it is normally followed by at least one episode of out-of-control use causing adverse consequences in one's life. Not recognizing or dealing with chemical dependency will exacerbate the problem. Often we are too engrossed in our own problems to be objective, and our individual efforts result in more stress that increases the severity of the situation. Left untreated, chemical dependency will not only risk your life, but the life and safety of patients.

There is a place to turn for help . . .

Nurses often buy into the myth that they should be able to handle their chemical dependency because they are health care providers. What may seem a tremendous burden to one person can become a lighter load when shared with someone else. The first step is to admit there is a problem. It isn't easy to admit to another person that we are having trouble handling our problems alone. It is a subject that we avoid discussing or confronting. Yet once we reach that first step, we can begin the process of regaining our life.

Services . . .

KARE develops individualized Program Agreements based upon the unique circumstances of the nurse. Monitoring can be facilitated in many ways, some of which are listed here:

- Assisting with identification, assessment and referral to approved treatment providers.
- Monitoring participants' compliance during recovery and continued nursing practice.
- Providing education to nurses, employers and other groups about KARE.
- Providing encouragement and support to help ensure the participants are able to practice nursing in accordance with acceptable and prevailing standards of safe nursing care.

Eligibility . . .

A nurse may access KARE by self-referral, board referral, or referral from another person or agency, such as an employer, coworker or family member. Admission to KARE is available to individuals who, at the time of application, meet the requirements listed below:

- RN or LPN, licensed in Kentucky or an applicant for a credential issued by the KBN;
- Request participation in the program regardless of whether referred by the board, self, or another person;
- Admit in writing to being a chemically dependent individual;
- Have not been terminated from a similar program in this or any other state for noncompliance;
- Have attended an approved treatment provider;
- Obtain a chemical dependency assessment, which includes a complete physical and psychosocial evaluation performed by a licensed or certified medical or psychological specialist in the field of drug, alcohol, or other chemical dependency;
- Agree to the terms set forth in the agreement; and
- Agree not to be employed in any capacity in a patient care setting or one that requires licensure until approved to do so by the program staff.

Questions? KARE compliance forms are located on the KBN website (www.kbn.ky.gov/kare.htm). To obtain further information or to make a confidential referral, call 800-305-2042 and speak with Patricia Smith, KARE Program Manager (Ext. 3321 or PatriciaY.Smith@ky.gov), or Jill Cambron, KARE coordinator (Ext. 3313 or JillM.Cambron@ky.gov).

ABOUT THE COVER: Community Health Nursing Mock Disaster

by Sue Derouen, RN, Operations Manager



In 2005, Kentucky Christian University students participated in a “mock disaster” staged as part of the Community Health Nursing curriculum. Nursing students not enrolled in the course and non-nursing student volunteers lent assistance by undergoing training and being made up to resemble injured victims in the aftermath of a tornado. The victims represented a diverse cross-section of ailments including shock, lacerations, onset of labor, and death.

In order to enhance the realism of the exercise, the nursing students were not involved in the planning. In responding to the scenario, each nursing student was assigned four patients and given a “responder map” detailing the layout of the impromptu first aid stations, etc.

“Doing this exercise got our students out of the classroom and into a scenario which required them to think on their feet and apply what they’ve learned, just as they will in their nursing careers,” said Gail Wise, Dean of Nursing at the time and faculty instructor for the course.

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APRNs Are Safe Prescribers in Kentucky

by Sharon Eli Mercer, MSN, RN NEA, BC, Nursing Practice Consultant and Charlotte Beason, Ed.D., RN, NEA, Executive Director

The Kentucky Board of Nursing (KBN) is the regulatory authority for over 70,000 licensed nurses including over 4,000 Advanced Practice Registered Nurses (APRNs). The members and staff of KBN take most seriously its mandate to protect the citizens of the Commonwealth by promoting safe nursing practice. KBN considers Kentucky's APRNs to be safe practitioners who deliver quality care. Kentucky law recognizes APRNs as independent practitioners in the state of Kentucky who do not require physician supervision to practice. KBN rigorously monitors the prescribing practices of advanced practice registered nurses. This has included an audit of the annually mandated APRN pharmacology education of five continuing education units per year.

The APRN in Kentucky has prescriptive authority for nonscheduled legend drugs and Schedule II through V controlled substances as authorized in Kentucky Nursing Law KRS 314:011(8). In order to utilize this prescriptive authority, the APRN must obtain a Collaborative Agreement for the Advanced Practice Registered Nurse's Prescriptive Authority for Nonscheduled Legend Drugs (CAPA-NS) and a Collaborative Agreement for Advanced Practice Registered Nurse's Prescriptive Authority for Controlled Substances (CAPA-CS) as detailed in KRS 314.042 (8) & (9). The APRN prescribing controlled substances and the collaborating physician must be qualified in the same or similar specialty.

Prior to prescribing controlled substances, the APRN must have been licensed to practice as an APRN for one (1) year and must have obtained a Controlled Substance Registration Certificate through the U.S. Drug Enforcement Agency. This is commonly known as a DEA number.

Additionally, there are limits placed on the prescribing of controlled substances. Within those limits are even more stringent prescribing restrictions on six (6) drugs that are considered the most abused or diverted.



APRNs have been prescribing nonscheduled legend drugs since 1996 and controlled substances since 2006. As of June 30, 2011, there were 4,245 APRNs licensed by the Kentucky Board of Nursing. Of those, 1,729 have been issued a DEA number (U.S. Drug Enforcement Agency). The total number of physician and APRN DEA registrations issued in Kentucky for 2011 was 14,382 (U.S. Drug Enforcement Agency). The number of APRN DEA registrations

represents 12% of the total registrations. The total number of prescriptions written for scheduled drugs by all provider types (including physicians and APRNs) was 9,787,706 (KY Office for Drug Control). The total number of prescriptions written for scheduled drugs by APRNs was 445,067, which represents 4.5% of the prescriptions written.

Information from the Kentucky Office of Drug Control indicates that the six (6) most frequently prescribed controlled substance prescriptions for all prescribers (including physicians and APRNs) as of 6/30/11 were: Hydrocodone/APAP, Alprazolam, Zolpidem, Clonazepam, Tramadol, and Diazepam. The six (6) most frequently written controlled substance prescriptions prescribed by APRNs for that same time were: Hydrocodone/APAP, Alprazolam, Tramadol, Zolpidem, Phentermine, and Clonazepam.

In the 15 years in which APRNs have had authority to prescribe nonscheduled drugs, not one APRN has been reported to KBN for violating the Kentucky Nursing Laws for poor or inappropriate prescribing of these drugs.

There have been few complaints filed against APRNs prescribing controlled substances and as of June 30, 2011 only one (1) APRN has received disciplinary action due to their prescribing practices. These statistics verify the safe prescribing patterns of the Advanced Practice Registered Nurses in the state. The KBN will continue to use clinical evidence, national standards of practice and the recommendations of the APRN Council to establish safe practice parameters for Advanced Practice Nurses and quality healthcare for Kentucky's citizens; the APRNs of the state will continue to provide safe, accessible care to these same citizens.

KENTUCKY NURSES CONTRIBUTE TO NCLEX® AND NURSE AIDE EXAM DEVELOPMENT

by Patricia Spurr, Ed.D., MSN, RN, CNE, Education Consultant

The National Council of State Boards of Nursing (NCSBN), which is responsible for the development and administration of the licensure examinations for RNs and LPNS, as well as NNAAP test for Nurse Aides, is dependent on the commitment of nurses throughout the country to maintain high standards for the assessment of nursing competence at the entry level. The Kentucky Board of Nursing is pleased to recognize the following nurses as the most recent participants in the NCSBN test development process:

(Name, Panel)

Vickie Brown
RN Item Review

Carol Carpenter
PN Item Review

William "Spencer" Cole
PN Item Writing

Angie Harlan
PN Item Writing

Denise Kilburn
RN Item Review

Ruth Martin
NNAAP Item Writing & Review

Teresa Mauk
RN Item Writing

Charles Rogers
RN Item Review

Laura Stansell
RN Item Review

Claudia Stoffel
RN Item Writing

These nurses assisted the National Council of State Boards of Nursing to ensure the inclusion of test content that is current, accurate, practice-related, and appropriate for an entry-level practitioner. If you would like

to participate in a future panel, visit the NCSBN website (<http://www.ncsbn.org/1227.htm>) to complete an online application.

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DISCIPLINARY Actions

Since the publication of the Fall edition of the KBN Connection, the Board has taken the following actions related to disciplinary matters as authorized by the Kentucky Nursing Laws. A report that contains a more extensive list of disciplinary actions is available on the KBN website (<http://kbn.ky.gov/conprotect/investdiscp/disciplinary.htm>). If you need additional information, contact KBN's Consumer Protection Branch at 502-429-3300.

IMMEDIATE TEMPORARY SUSPENSION OF LICENSE/CREDENTIAL - RETRACTED

Howard, Tony Theodore	RN License #1098696	Calvert City, KY	ITS..... 9/27/2011
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LICENSE/CREDENTIAL PERMANENTLY REVOKED

Ellison, Carolyn Sue Hatch	LPN License #2017728	Redkey, IN	Eff..... 12/1/2011
Lindenmayer, Deanna Lane Crum	LPN License #2027509	Jeffersonville, IN	Eff..... 10/14/2011

IMMEDIATE TEMPORARY SUSPENSION OF LICENSE/CREDENTIAL

Bailey, Tatum Beth	RN License #1116550	Blackey, KY	Eff..... 10/21/2011
Doane, Sarah Danielle Manns	LPN License #2037745	Campbellsburg, KY	Eff..... 10/21/2011
Lindblom, Nathan	RN License #1118859	Leitchfield, KY	Eff..... 10/13/2011
Majors, Amy	RN License #1124238	Seebree, KY	Eff..... 10/10/2011
Mouser, Cheryl A. Burress	RN License #1065076	Hodgenville, KY	Eff..... 10/25/2011
Tapley, Michael S.	TN LPN License #74789	Winfield, TN	Eff..... 11/4/2011

LICENSE/CREDENTIAL SUSPENDED

Crawhorn, Lisa Ann Lanham	LPN License #2036261	Louisville, KY	Eff..... 10/14/2011
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LICENSE/CREDENTIAL IMMEDIATELY SUSPENDED OR DENIED REINSTATEMENT FOR FAILURE TO COMPLY WITH BOARD ORDER; STAYED SUSPENSION IMPLEMENTED OR TERMINATION FROM THE KARE PROGRAM

Anderson, Heidi Jo	LPN License #2034517	Covington, KY	Eff..... 11/9/2011
Caudill, Tammy Jo Riley	RN License #1095069	Flatwoods, KY	Eff..... 10/28/2011
Combs, William Roland	RN License #1114155	Wooton, KY	Eff..... 10/4/2011
Compton, Kathryn Elizabeth Wood	RN License #1089330	Pikeville, KY	Eff..... 10/13/2011
Hibbard, Kim Edwin	RN License #1108229	Scottsville, KY	Eff..... 10/13/2011
Jones, Patricia Lynn Hardiman	RN License #1106188	Lexington, KY	Eff..... 12/1/2011
Mason, Lisa C. Johnson	RN License #1064296	Richmond, KY	Eff..... 12/1/2011
McGill, Dennis Michael	RN License #1117701	Louisville, KY	Eff..... 10/31/2011
Oliver, Heather Janette King	RN License #1123301	Hudson, KY	Eff..... 12/1/2011
Stephens, Mark Robert	RN License #1126874	Lexington, KY	Eff..... 10/18/2011
Storm, Jennifer Renee White	RN License #1105662	Georgetown, SC	Eff..... 10/18/2011
Williams, Kellie Marie Kingery	RN License #1109820	Arlington, KY	Eff..... 12/1/2011
Winder, Rebecca Sue Adams	RN License #1087990	Louisville, KY	Eff..... 10/31/2011
Wooton, Michelle L. Pratt	LPN License #2037344	Viper, KY	Eff..... 10/4/2011

LICENSE/CREDENTIAL CONTINUED ON SUSPENSION

Burdette, Deanna Martin	RN License #1110127; LPN License #2032897	Mt. Vernon, KY	Eff..... 10/14/2011
Flake, Shetika Janee Gregory	LPN License #2035179	Beaver Dam, KY	Eff..... 10/14/2011
Hannan, Michelle Boone	LPN License #2024229	Wickliffe, KY	Eff..... 10/14/2011
Johnson, Melissa Sue Tooley	RN License #1074021	Burnside, KY	Eff..... 10/14/2011
Nigro, Cindy K. Cressee	RN License #1072429	Corbin, KY	Eff..... 10/14/2011
Rodriguez, Shannon Phillips	RN License #1120783	Science Hill, KY	Eff..... 10/31/2011
Unrue, Tonya S.	RN License #1102475	Greenup, KY	Eff..... 10/14/2011

LICENSE/CREDENTIAL VOLUNTARILY SURRENDERED

Ernst, Linda R. Ammons	RN License #1073860;	Louisville, KY	Eff..... 9/29/2011
Hodge, Karen J. Newton	LPN License #2038158	Lexington, KY	Eff..... 10/13/2011
Terry, Leticia Michelle Tolbird	RN License #1085678	Bardwell, KY	Eff..... 10/13/2011
Turner, Brenda Morgan	LPN License #2019288	Bardstown, KY	Eff..... 10/31/2011

LICENSE/CREDENTIAL DENIED

Taylor, William L.	Provisional License #20112868	Park City, KY	Eff..... 9/28/2011
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LICENSE/CREDENTIAL DENIED REINSTATEMENT

Dalton, Michelle Spence	RN License #1096462	Louisa, KY	Eff..... 10/14/2011
Delgado, Kathy Liney	LPN License #2034129	Independence, KY	Eff..... 12/2/2011
Grundy, Nell Green	RN License #1044282	Lebanon, KY	Eff..... 10/14/2011
Hansen, Tammy L. Marshall	LPN License #2040712	Erlanger, KY	Eff..... 10/14/2011
Johnson, Treasa L.	LPN License #2038404	Science Hill, KY	Eff..... 10/14/2011
Nelson, Linnie Rae Kendrick	RN License #1092107	Georgetown, KY	Eff..... 10/14/2011
Purdue, Kristina	RN License #1101963	Louisville, KY	Eff..... 10/14/2011
Singley, Brenda Chance	LPN License #2033998	London, KY	Eff..... 10/14/2011
Smith, Lisa E. Waller	RN License #1064263	Eolia, KY	Eff..... 10/14/2011
Stamper, Glenda A.	RN License #1050744	Wilmore, KY	Eff..... 10/14/2011

LICENSE/CREDENTIAL TO BE REINSTATED LIMITED/PROBATED

Gaston, Kristina Lynn Shepersen	RN License #1091436	Grassy Creek, KY	Eff..... 10/14/2011
Ross, Nakisha Antoinette	LPN License #2037645	Lexington, KY	Eff..... 10/14/2011

LICENSE/CREDENTIAL TO BE REINSTATED INTO KBN KARE PROGRAM

Edson, Jeffrey Wyatt	RN License #1115289	Murray, KY	Eff..... 11/14/2011
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LICENSE/CREDENTIAL REPRIMANDED

Fields, Crissie Joyce Sexton	RN License #1124499; LPN License #2038744	Pinetop, KY	Eff..... 11/9/2011
Girard, Glenda Gail Rigdon	RN License #1085022	Munfordville, KY	Eff..... 11/29/2011
Gish, Deborah Clark Anderson	RN License #1054939	Smithfield, KY	Eff..... 11/9/2011
Haire, Joseph	RN License #1120271	Elizabethtown, KY	Eff..... 11/9/2011
Horton, Latorri Ann O'Bannon	RN License #1116485 LPN License #2040087	Louisville, KY	Eff..... 10/13/2011
Sloan, John Robert	RN License #1094847	New Albany, IN	Eff..... 9/29/2011
Slone-Vasquez, Brenda Darlene	RN License #1064388	Lexington, KY	Eff..... 11/9/2011
Smith, Jessica J. Embery	LPN License #2038776	Central City, KY	Eff..... 11/29/2011

CONSENT DECREES ENTERED FISCAL YEAR TO DATE

Imposition of civil penalty for practice without a current active license or temporary work permit.....	13
Imposition of civil penalty for falsification of an application for licensure.....	29
Imposition of civil penalty for failure to meet mandatory continuing education requirement.....	27
Imposition of civil penalty for a positive drug screen	3

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HIGHLIGHTS OF BOARD ACTIONS

October 13-14, 2011

Summary available on KBN website
(kbn.ky.gov/board)

PRESIDENT'S REPORT

- Carol Komara requested that the attendees of the National Council of State Boards of Nursing (NCSBN) Annual Meeting give a brief report on their experience. The predominant topics of discussion were APRN Consensus Model language; CORE Licensure; should there be separate exams for ADN and BSN graduates; review of LPN standards of practice; and the difficulty in obtaining clinical sites.
- Anne Veno attended the NCSBN Long Term Care Seminar in August.

FINANCIAL OFFICER'S REPORT

- Accepted as written.
- The KBN 2013-2014 Budget is due in Frankfort on November 1, 2011.
- A group consisting of Sally Baxter, Sonia Rudolph, Jann Gilliam and Beth Partin was formed to review and identify budget and financial concerns and strategies.

EXECUTIVE DIRECTOR'S REPORT

- Sue Derouen, Operations Manager, has announced her retirement effective December 1, 2011; Don Snow, Administrative Support Branch Manager & Information Systems Manager, has announced his retirement effective January 1, 2012.
- The Consumer Protection Branch has been reorganized. Paula Schenk is the Manager of Consumer Protection. Ann Tino is the Supervisor of Investigation and Discipline and Tricia Smith is the Supervisor of Compliance.
- Ann Tino and Michael Bloyd gave a presentation at the Council on Licensure, Enforcement and Regulation (CLEAR) conference in Pittsburgh.

LAY MIDWIFERY

The Board has received several complaints about lay midwives operating in the Louisville area. KBN staff members met with Dr. William Hacker, Commissioner of the Department for Public Health, and other members of that department. During the KBN/DPH meeting it was agreed that a joint letter from the Department and KBN will be sent to any identified lay midwife directing them to cease and desist practice. If information is received that the letter is ineffective, the Department will seek legal action, with the assistance of KBN.

DONATION FROM THE KY PEER ASSISTANCE PROGRAM FOR NURSES

KBN's Kentucky Alternative Recovery Effort (KARE) received a donation for supporting efforts to educate the professional community and the public about substance use, abuse, and recovery in the nursing profession.

CREDENTIALS UPDATES

- KBN provided Health Resources and Services Administration's (HRSA) National Center for Health Workforce Analysis data for its first National Sample Survey of Nurse Practitioners. Biographic, population foci, and national certification data was requested.
- This summer the Kentucky State Police (KSP) began accepting fingerprint cards and the fee directly from applicants for licensure. It takes approximately 4 -6 weeks for final background report to be received at KBN.
- Effective June 8, this year, KRS 12.355 requires KBN to renew the license(s) of military nurses stationed state-side without payment of the renewal fee and without the required CE earning. This is in addition to the 2005 law, KRS 36.450 requiring KBN to renew the license of military nurses deployed overseas without payment and without the CE requirement.

NURSUS

- In September 2011, KBN became the first board of nursing in the country to complete attaching past disciplinary board orders to the national nurse credential verification system - Nursys. When a nurse's license is verified on www.nursys.com, individuals will not only be alerted of any history of discipline on the license, they will also see a description of the discipline. In addition, disciplinary orders (which by KY statute are public documents) may be read and/or downloaded. KBN strongly encourages employers to use the Nursys database to validate nurse licensure using the license number and never by licensee name alone. The Nursys database will also display KARE participation for those nurses who became participants in that program after July 15, 2010.

LEGISLATIVE UPDATE

Approved the statutory language and title of Certified Registered Nurse Anesthetist for introduction during the 2012 Regular Session of the General Assembly.

EDUCATION COMMITTEE

Site Visit Reports

Spalding University, Baccalaureate Program, Louisville

Christe Coe recused herself from discussion and voting.

- Accepted the focused visit report to the Baccalaureate Nursing Program of

Spalding University, Louisville.

- Approved that the Baccalaureate Nursing Program of Spalding University, Louisville will remain on Full approval pending the 2011 NCLEX results for the campus; should the pass rate remain below the 85 percent point, the program will be moved to Conditional status.

Maysville Community & Technical College, Associate & Practical Nursing Programs, Maysville, Cynthiana, Morehead, & Mt. Sterling

- Accepted the motion to table the original motion. The motion was made due to the large volume of information provided. The Education Consultant will separate the report by campus and review it at the November 2011 Education Committee Meeting.

National College, Associate Degree Program, Pikeville

- Accepted the July 18-19, 2011 Survey Visit Report of the Associate Degree Nursing Program, National College, Pikeville.
- Approved the requirements to be met as stated in the July 18-19, 2011 report of the Associate Degree Nursing Program, National College, Pikeville.
- Directed the program to submit a response within four weeks of the October 13-14, 2011 Board meeting, to include a timeline for the correction of each "requirement to be met" identified in this report (Submission Date: November 14, 2011).
- Directed the program to submit evidence that all requirements are met within six months with a final report as to the final resolution of each identified requirement submitted no later than April 14, 2012.
- Directed the Program Administrator and the College President shall appear before the Board to provide justification should the program's April 14, 2012 response to this site visit not provide satisfactory response to all requirements.
- Approved the status of the Associate Degree Nursing Program, National College, Pikeville be moved from Initial to Conditional pending receipt of requested actions. The approval status of the program is subject to change should the program not adhere to established reporting deadlines or there is evidence that the program has not adhered to Kentucky regulations to the satisfaction of the Board.

Spencerian College, Associate Degree Program, Louisville

- Accepted the focused visit report on the Associate Degree program of Spencerian College, Louisville.
- Approved the Associate Degree Program of Spencerian College, Louisville shall remain on Probationary status.

St. Catharine College, Associate Degree

Program, St. Catharine

- Accepted the focused visit report to the Associate Degree Nursing program of St. Catharine College, St. Catharine.
- Approved that the Associate Degree Nursing program of St. Catharine College, St. Catharine remain on Full approval pending the 2011 NCLEX results for the campus; should the pass rate remain below the 85 percent point, the program will be moved to Conditional status.

Lincoln College of Technology, Practical Nursing Program, Florence

- Accepted the site visit conducted prior to the admission of the first class of the Practical Nursing of Lincoln College of Technology, Florence on June 14, 2011.
- Accepted that no additional materials are needed from the program prior to the first students starting classes.
- Directed the program to submit a progress report at the mid-point of the first class documenting the implementation of the program as compared to the proposal and any revisions.
- Directed the program to notify the Education Consultant at the beginning of the last term for the first graduating class so that a site visit date can be established.
- Approved the status of the Practical Nursing program of Lincoln College of Technology, Florence be changed from Developmental to Initial. The approval status of the program is subject to change should the program not adhere to established reporting deadlines or there is evidence that the program has not adhered to Kentucky regulations to the satisfaction of the Board.

Response To Reports

Big Sandy Community & Technical College, Associate Degree and Practical Nursing Programs, Prestonsburg/Paintsville

- Accepted the initial report from the Associate Degree and Practical Nursing programs of Big Sandy Community & Technical College, Paintsville/Prestonsburg.
- Directed that the final report providing evidence of the resolution of each recommendation be submitted to the Board no later than December 19, 2011.

Daymar College, Associate Degree Program, Owensboro

- Accepted the initial report from the Associate Degree Program at Daymar College, Owensboro.
- Accepted that the report meets all of the requirements as requested by the Board, no additional reporting is required until the time of the first graduating class with the exception of any reports

required for all programs to submit.

- Directed the program to notify the Education Consultant at the beginning of the last term for the first graduating class so that a site visit date can be established.
- Approved the status of Daymar College, Associate Degree Registered Nurse Program, Owensboro be changed from Developmental to Initial. The approval status of the program is subject to change should the program not adhere to established reporting deadlines or there is evidence that the program has not adhered to Kentucky regulations to the satisfaction of the Board.

Hazard Community & Technical College, Practical Nursing Program, Hazard

- Accepted the initial report from the Practical Nursing Program of Hazard Community & Technical College, Hazard.
- Accepted the May 15, 2011 report from Hazard Community & Technical College Practical Nursing program as evidence of the completion of all requirements as noted in the site visit report of February 14-16, 2011.
- Accepted the May 15, 2011 report submitted from the Practical Nursing Program of Hazard Community & Technical College, Hazard provides evidence of the satisfactory completion of all requirements as noted in the site visit report of February 14-16, 2011. That as the Practical Nursing Program of Hazard Community & Technical College, Hazard has supplied all requested information and the requirements have been met, at this time no further follow-up is required.
- Approved the status of the Practical Nursing Program of Hazard Community & Technical College, Hazard shall remain Full.

New Program Applications/Proposals

Union College, Baccalaureate Degree program, Barbourville

- Accept the Letter of Intent from Union College, Barbourville to establish a prelicensure Baccalaureate Degree nursing program for an admission class no earlier than August 2012.
- Approved the request for the development of a prelicensure Baccalaureate Degree nursing program at Union College, Barbourville, allowing the program to move to the proposal phase.

Bellarmine University, DNP program, Louisville

- Accepted the application for approval of the DNP program by Bellarmine University, Louisville.
- Approved the DNP program at Bellarmine University, Louisville being granted Initial approval status as they already have

approval from the Kentucky Council on Post-Secondary Education and initial acceptance from CCNE.

- Directed that it is the responsibility of the chief nursing academic officer to notify the Board of the graduation of the first class.
- Directed that all formal communication between the DNP program and the national nursing accrediting body is to be forwarded to the Board within thirty (30) days of receipt. This includes copies of annual and interim reports submitted to the national accrediting body.
- Directed the chief nursing academic officer to notify the Board (Education Consultant) within five (5) business days of any change in accreditation status.
- Directed the chief nursing academic officer to notify the Board of pending visits by the national nursing accrediting body.
- Directed that a representative of the Board shall arrange a joint site visit with the national nursing accrediting body representative to evaluate on-site materials included in the program proposal.
- Directed the program of nursing that prior to the site visit, at the time of submission to accreditors, to submit self-study and all supporting documents to KBN. These requested materials shall serve as the basis of the program's compliance with standards established by the state and the national nursing accrediting body.
- Approved that failure to submit Board required reports within the designated time period may result in the rescinding of Developmental or Initial approval status.

Frontier School of Midwifery and Family Nursing, DNP program, Hyden

- Approved that in accordance with 201 KAR 20:061, Doctor of Nursing Practice (DNP), and the letter dated March 17, 2010 from the National League for Nursing Accrediting Commission (NLNAC) granting initial accreditation, the Frontier School of Midwifery and Family Practice has met all the Kentucky regulatory requirements; therefore the program should be granted final approval by the Board of Nursing.
- Directed the chief nursing academic officer to notify the Education Consultant within five (5) business days of any change in state or national approval/accreditation status.
- Directed the chief nursing academic officer to notify the Board of pending visits by the national nursing accrediting body so that a representative of the Board can be included as a joint site visit; the Education Consultant shall be sent the same materials that are sent to

Continued on page 30 >>

the accrediting body; these requested materials shall serve as the basis of the program's compliance with standards established by the state and the national nursing accrediting body.

- Directed that failure by the program to submit Board required reports within the established time period may result in the rescinding of approval status.

Other Program Business

Lindsey Wilson College, Baccalaureate Degree program, Columbia. Progress

Report

- Accepted the progress report from the Baccalaureate Nursing Program at Lindsey Wilson College, Columbia.
- Approved the status of Lindsey Wilson Baccalaureate Nursing Program remaining Initial pending graduation of the first class and the site visit scheduled for November 14, 2011.

Regulations

- Approved the recommended amendment to 201 KAR 20:260, Organization and administrative standards for pre-

licensure programs of nursing as amended.

- Approved the recommended amendment to 201 KAR 20:340, Students in prelicensure registered nurse and practical nurse programs as amended.

PRACTICE COMMITTEE

- Approved the letter to Teresa L. Davis, RN, be approved with amended wording.
- Sally Baxter requested that the information contained in the letter to Teresa L. Davis, RN, be submitted to the Practice Committee for a new advisory opinion.

CONSUMER PROTECTION COMMITTEE

- Approved the Revisions to 201 KAR 20:085. Licensure Periods and Miscellaneous Requirements.
- Approved the Revisions to 201 KAR 20:410. Expungement of Records.
- Approved the proposed revisions to the Guidelines for Reinstatement.

DIALYSIS TECHNICIAN ADVISORY COUNCIL

- Informed the board members that they would be taking the following recommendations to the Practice Committee at their November 18, 2011 meeting:
- The Dialysis Technician would be accessing this device as a graft; therefore, it is recommended that accessing the HeRO Device would be within the scope of practice of a Dialysis Technician.
- Access of central venous catheters be considered within the scope of practice for a Dialysis Technician.

2012 LEGISLATIVE UPDATE

Elizabeth Partin, APRN Board Member, reported that upcoming 2012 nursing legislature issues include: a bill pre-filed that pain clinics may only be managed by physician(s); elimination of CAPA-NS; and legislation being submitted is to have an APRN with a DEA number be required to have a KASPER account. She further explained that support from the nurses throughout the state would assist in passing the bill.

DISCIPLINARY ACTION

Approved twenty-one (21) Proposed Decisions, as written, and received reports on the approval of fifty-three (53) Agreed Orders, sixty (60) Consent Decrees, and three (3) Removal of Licenses from Probation.

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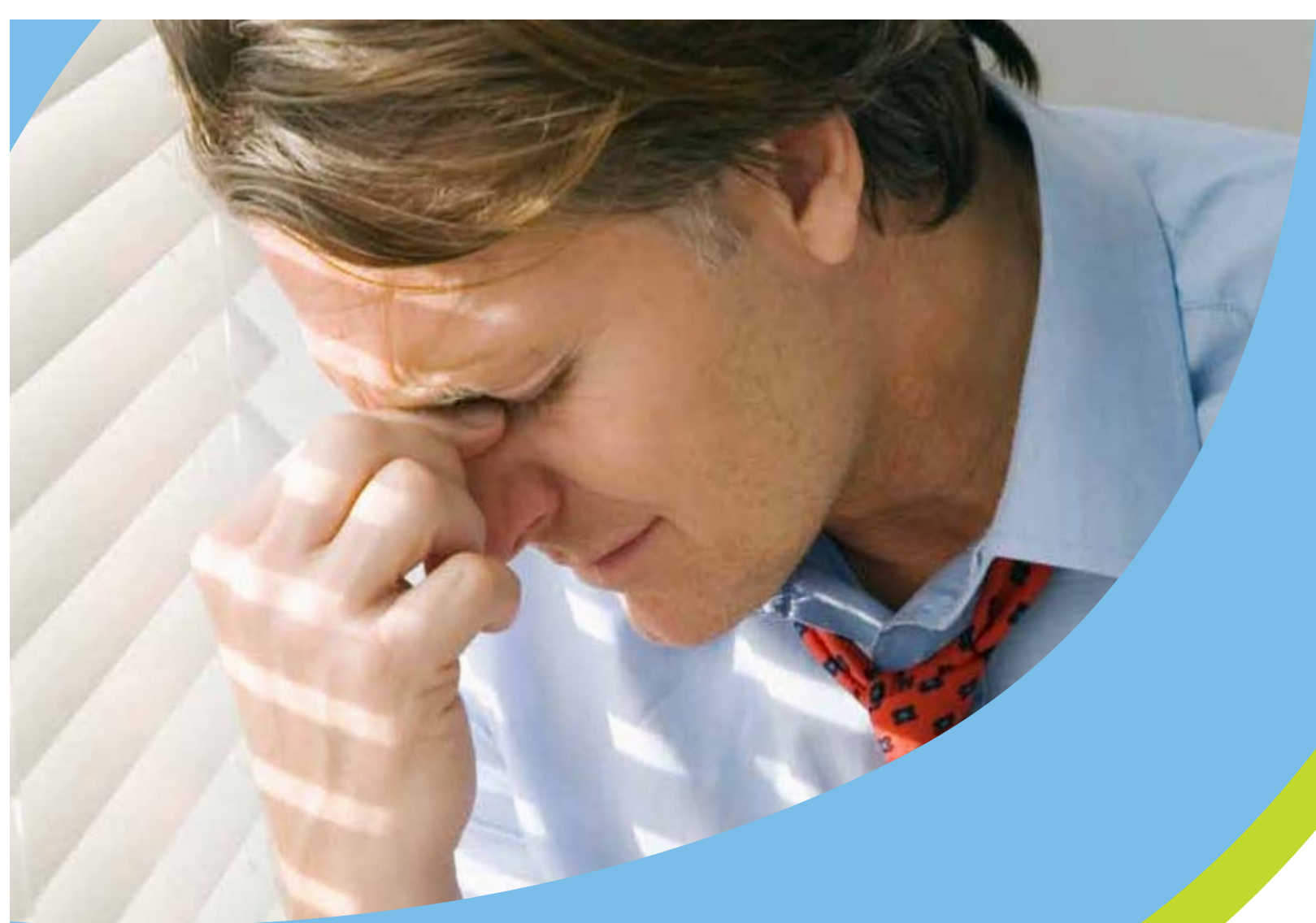
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